Virginia vs. Maryland, Pitt, West Virginia (W)

MEET DATE: Saturday, April 6, 2019

HOST: University of Virginia

LOCATION: Lannigan Field, Charlottesville, VA


SCHEDULE: http://www.flashresults.com/

PARTICIPANTS: Virginia, Maryland, Pitt, West Virginia (W)

ENTRY INFORMATION: All entries must be submitted via www.directathletics.com

ENTRY PROCEDURE: TFFRS performances are suggested. Speculative marks should only be for first time athletes.

ENTRY FEE: This competition is free to all invited teams

SCORING: No Scoring for the meet

ENTRY LIMIT PER UNIVERSITY: Unlimited entries

ENTRY DEADLINE: Wednesday April 3 at midnight

SCRATCHES: Please send any scratches made after Monday should be sent directly to Bryan Fetzer fetzer@virginia.edu prior to Friday at 11:00AM so adjustments can be made to sections and heats.

PERFORMANCE LIST: Posted Friday, April 5th at 1:00PM http://www.flashresults.com/

UNIFORM POLICY: Confirmation of team uniforms must be turned in to the Clerk’s Table at least 90 minutes prior to the start of the competition (Complies with NCAA rule 4.3.1.a)

SAFETY: AS PER NCAA REGULATIONS, NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON THE INFIELD OR ON THE TRACK AT ANY TIME!

CHECK IN PROCEDURES: All athletes must check-in 45 minutes prior to event.

RUNWAY MARKS: White athletic tape may be used on the runways. Colored tape, Chalk and Cones are not permitted
**COMPETITION WARM-UP:** Warm-up will take place behind the grandstands. Blocks and Hurdles will be provided. There are six, 60m lanes for sprinting. There is an additional warm-up area on the turf loop and on the high Jump apron.

**SPIKES:** Use of 1/4” pyramid spikes will be enforced. Use of 3/8” spikes allowed for High Jump and Javelin. Spikes will be checked on the spot.

NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED

**WEIGH-IN:** The implement area is located in the equipment shed. All implements will be certified with officials **60 minutes** prior to the start of each event. Please have your impounded implements checked out upon completion of the event.

**DIRECTIONS:** [http://www.virginiasports.com/sports/c-xtrack/spec-rel/lannigan-field-track.html](http://www.virginiasports.com/sports/c-xtrack/spec-rel/lannigan-field-track.html)

**TEAM PARKING:** John Paul Jones Arena and University Hall Arena

**SHOWERS:** Locker Room Access must be requested in advance.

Sean Diminick, Assistant Director of Facilities & Operations
Email: sdiminick@virginia.edu (802) 233-6271

**MEDICAL CONTACT:** Brittany Winter, Athletic Trainer for Track & Field/Cross Country
Email: bwhqq8e@virginia.edu (850) 368-0683

**MEDIA RELATIONS:** Stephanie Withy, Athletics Media Relations Director
Email: smw8nb@virginia.edu (864) 380-3852

Please send an updated meet notes with PB's and school record

**TEAM TENT INFO:** Skyline Tent Company of Charlottesville, VA
Contact: Shannon O’Neil info@skylinetentcompany.com or (434) 977-8368
- Only ONE tent per university is allowed 10x10 or 10x20
- NO PERSONAL TEAM TENTS ARE ALLOWED
- **ALL ORDERS NEED BY APRIL 1, 2019**
NO Needle

NO Spike

NO Pins

1/4" Pyramid

"Cone Shape"

Christmas Tree Spike

Only Pins
University of Virginia
Uniform-of-the-day Declaration Form

Saturday, April 6 2019

Institution Name: ________________________________

Men’s Uniform:

   Top Color & Logo: _____________________________

   Bottom Color & Logo: __________________________

Women’s Uniform:

   Top Color & Logo: _____________________________

   Bottom Color & Logo: __________________________

**Must be turned in to the Clerk’s Table at least 90 minutes prior to the start of the competition**
(Complies with NCAA rule 4.3.1.a)
# Virginia, Maryland, Pitt, West Virginia

**Saturday, April 6 2019**  
Lannigan Field, University of Virginia  

*As of 03/25/19*

**MEN'S TEAMS:** UVA, Maryland, Pitt  
**WOMEN TEAMS:** UVA, Maryland, Pitt, West Virginia  

*9 Advance to finals in field events*

## Tentative Schedule (Will be adjusted after entries are finished)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Time</th>
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<tbody>
<tr>
<td>4:00P</td>
<td>WOMEN'S 4x100M RELAY</td>
<td>1:45P</td>
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<tr>
<td>4:10P</td>
<td>MEN'S 2000M STEELECHASE</td>
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<tr>
<td></td>
<td>WOMEN'S 2000M STEELECHASE</td>
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<tr>
<td>4:20P</td>
<td>MEN'S 110M HURDLES</td>
<td>2:30P</td>
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<td>4:35P</td>
<td>WOMEN'S 100M HURDLES</td>
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<td>4:45P</td>
<td>MEN'S 400M</td>
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<td>4:55P</td>
<td>WOMEN'S 400M</td>
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<td>5:00P</td>
<td>WOMEN'S 3000M</td>
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<td>5:25P</td>
<td>MEN'S 400M HURDLES</td>
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<td>5:35P</td>
<td>WOMEN'S 400M HURDLES</td>
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<td>5:45P</td>
<td>MEN'S 800M</td>
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<td>5:52P</td>
<td>WOMEN'S 800M</td>
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<tr>
<td>6:00P</td>
<td>MEN'S 100M</td>
<td>4:00P</td>
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<td>6:05P</td>
<td>WOMEN'S 100M</td>
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<td>6:15P</td>
<td>MEN'S 1500M</td>
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<td>6:25P</td>
<td>WOMEN'S 1500M</td>
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<tr>
<td>6:35P</td>
<td>MEN'S 4X 400M RELAY</td>
<td>5:00P</td>
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<tr>
<td>6:40P</td>
<td>WOMEN'S 4x 400M RELAY</td>
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</tbody>
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**5:30P**  
WOMEN'S POLE VAULT  
MENS POLE VAULT

**6:00P**  
WOMEN'S HAMMER  
MEN'S SHOT PUT