# Virginia, Maryland, Pitt, West Virginia (w)

**FINAL SCHEDULE**

Saturday, April 6, 2019  
Lannigan Field, University of Virginia  
As of 04/05/19

**MEN'S TEAMS:** UVA, Maryland, Pitt  
**WOMEN TEAMS:** UVA, Maryland, Pitt, West Virginia  
9 Advance to final:

**TENTATIVE SCHEDULE (Will be adjusted after entries are finished)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>2:00 PM</td>
<td>WOMEN'S 4x100M RELAY</td>
<td>12:00 PM</td>
<td>MEN'S JAVELIN (WOMEN'S Follows)</td>
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<tr>
<td>2:10 PM</td>
<td>MEN'S 2000M STEEPLECHASE</td>
<td></td>
<td>WOMEN'S LONG JUMP</td>
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<td></td>
<td>WOMEN'S 2000M STEEPLECHASE</td>
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<td>MEN'S LONG JUMP</td>
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<tr>
<td>2:30 PM</td>
<td>MEN'S 110M HURDLES</td>
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<tr>
<td>2:40 PM</td>
<td>WOMEN'S 100M HURDLES</td>
<td>APPROX 12:30 PM</td>
<td>WOMEN'S JAVELIN (WOMEN DISCUS Follows)</td>
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<tr>
<td>2:50 PM</td>
<td>MEN'S 400M</td>
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<tr>
<td>2:57 PM</td>
<td>WOMEN'S 400M</td>
<td>APPROX 1:45 PM</td>
<td>WOMEN'S DISCUS (MEN Follows)</td>
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<tr>
<td>3:05 PM</td>
<td>WOMEN'S 3000M</td>
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<tr>
<td>3:20 PM</td>
<td>MEN'S 800M</td>
<td>APPROX 2:45PM</td>
<td>MEN'S DISCUS (MEN'S HAMMER Follows)</td>
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<tr>
<td>3:30 AM</td>
<td>WOMEN'S 800M</td>
<td>3:00 PM</td>
<td>WOMEN'S POLE VAULT</td>
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<tr>
<td>3:45 PM</td>
<td>MEN'S 400M HURDLES</td>
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<td>MENS POLE VAULT</td>
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<tr>
<td>3:52 PM</td>
<td>WOMEN'S 400M HURDLES</td>
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<td>MENS HIGH JUMP</td>
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<tr>
<td>4:00 PM</td>
<td>MEN'S 100M</td>
<td>4:05 PM</td>
<td>WOMEN'S 100M</td>
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<td>WOMEN'S HIGH JUMP</td>
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<td>4:15 PM</td>
<td>MEN'S 200M</td>
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<tr>
<td>4:25 PM</td>
<td>WOMEN'S 200M</td>
<td>APPROX 3:45PM</td>
<td>MEN'S HAMMER (WOMEN Follows)</td>
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<tr>
<td>4:35 PM</td>
<td>MEN'S 1500M</td>
<td>4:45 PM</td>
<td>WOMEN'S HAMMER</td>
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<tr>
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<td>WOMEN'S 1500M</td>
<td>APPROX 4:30PM</td>
<td>MEN'S HAMMER</td>
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<td>MEN'S 4X 400M RELAY</td>
<td>4:30 PM</td>
<td>MEN'S SHOT PUT</td>
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Virginia vs. Maryland, Pitt, West Virginia (W)

MEET DATE: Saturday, April 6, 2019

HOST: University of Virginia

LOCATION: Lannigan Field, Charlottesville, VA


SCHEDULE: http://www.flashresults.com/

PARTICIPANTS: Virginia, Maryland, Pitt, West Virginia (W)

ENTRY INFORMATION: All entries must be submitted via www.directathletics.com

ENTRY PROCEDURE: TFFRS performances are suggested. Speculative marks should only be for first time athletes.

ENTRY FEE: This competition is free to all invited teams

SCORING: No Scoring for the meet

ENTRY LIMIT PER UNIVERSITY: Unlimited entries

ENTRY DEADLINE: Wednesday April 3 at midnight

SCRATCHES: Please send any scratches made after Monday should be sent directly to Bryan Fetzer fetzer@virginia.edu prior to Friday at 11:00AM so adjustments can be made to sections and heats.

PERFORMANCE LIST: Posted Friday, April 5th at 1:00PM http://www.flashresults.com/

UNIFORM POLICY: Confirmation of team uniforms must be turned in to the Clerk's Table at least 90 minutes prior to the start of the competition (Complies with NCAA rule 4.3.1.a)

SAFETY: AS PER NCAA REGULATIONS, NO HEADPHONES OR AUDIO DEVICES ARE ALLOWED ON THE INFIELD OR ON THE TRACK AT ANY TIME!

CHECK IN PROCEDURES: All athletes must check-in 45 minutes prior to event.

RUNWAY MARKS: White athletic tape may be used on the runways. Colored tape, Chalk and Cones are not permitted
COMPETITION WARM-UP: Warm-up will take place behind the grandstands. Blocks and Hurdles will be provided. There are six, 60m lanes for sprinting. There is an additional warm-up area on the turf loop and on the high Jump apron.

SPIKES: Use of 1/4” pyramid spikes will be enforced. Use of 3/8” spikes allowed for High Jump and Javelin. Spikes will be checked on the spot.
NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED

WEIGH-IN: The implement area is located in the equipment shed. All implements will be certified with officials 60 minutes prior to the start of each event. Please have your impounded implements checked out upon completion of the event.


TEAM PARKING: John Paul Jones Arena and University Hall Arena

SHOWERS: Locker Room Access must be requested in advance.
Sean Diminick, Assistant Director of Facilities & Operations
Email: sdiminick@virginia.edu (802) 233-6271

MEDICAL CONTACT: Brittany Winter, Athletic Trainer for Track & Field/Cross Country
Email: bwhqq8e@virginia.edu (850) 368-0683

MEDIA RELATIONS: Stephanie Withey, Athletics Media Relations Director
Email: smw8nb@virginia.edu (864) 380-3852
Please send an updated meet notes with PB’s and school record

TEAM TENT INFO: Skyline Tent Company of Charlottesville, VA
Contact: Shannon O'Neil info@skylinetentcompany.com or (434) 977-8368
  - Only ONE tent per university is allowed 10x10 or 10x20
  - NO PERSONAL TEAM TENTS ARE ALLOWED
  - ALL ORDERS NEED BY APRIL 1, 2019
University of Virginia
Uniform-of-the-day Declaration Form

Saturday, April 6 2019

Institution Name: ________________________________

Men’s Uniform:

   Top Color & Logo: _____________________________

   Bottom Color & Logo: __________________________

Women’s Uniform:

   Top Color & Logo: _____________________________

   Bottom Color & Logo: __________________________

Must be turned in to the Clerk’s Table at least 90 minutes prior to the start of the competition
(Complies with NCAA rule 4.3.1.a)