

**2008 ATLANTIC 10  
MEN'S & WOMEN'S CROSS COUNTRY CHAMPIONSHIP**

**DATE:** Saturday, November 1, 2008

**TIME:** Women's Race - 10:00 am  
Men's Race - 10:45 am

**SITE:** UNC – Charlotte – Campus Course

**HOST:** Charlotte 49ers

**ADMISSION:** FREE!!!!

**DIRECTIONS TO UNC Charlotte, Charlotte, NC**

**From north of Charlotte via I-85**

Take exit 45A (Harris Blvd). Merge onto Harris, go 1 mile to the exit for UNC Charlotte/Hwy 49. At bottom of exit ramp, turn left on 49; campus is 1 mile on left.

**From north of Charlotte via I-77**

Take exit 18 (Harris Blvd). Turn left onto Harris and go 7 miles to the exit for UNC Charlotte/Hwy 49. At bottom of exit ramp, turn left on 49; campus is 1 mile on left.

**From south of Charlotte via I-85**

Take exit 45A (Harris Blvd). Turn right onto Harris and go one mile to the exit for UNC Charlotte\Hwy 49. At bottom of exit ramp, turn left on 49; campus is 1 mile on left.

**From south of Charlotte via I-77**

Take I-77N to I-85N and follow above directions via I-85.

**From east of Charlotte via US 74**

Turn right onto Harris Blvd, and travel 9 miles to UNC Charlotte\Hwy 49 exit. At bottom of exit ramp, turn left on 49; campus is 1 mile on left.

**From Concord area via US 29**

Turn left onto Harris Blvd and go 1/2 mile to UNC Charlotte\Hwy 49 exit. At bottom of exit ramp, turn left on 49; campus is 1 mile on left.

**PARKING**

**Belk Track and Field Center/Transamerica Field (Track & Field and Soccer)**

Parking is available in the West Parking Deck via the entrance near Brocker Health Center.