

**NCAA Division I 2009 Outdoor
Track & Field West Regional
Eugene, OR - 5/29/2009 to 5/30/2009
Meet Program - Friday May 29, 2009**

Event 20 Men Javelin Throw**Friday 5/29/2009 - 2:40 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.****American: 91.29m 6/21/2007 Breaux Greer****College Best: 89.10m 3/24/1990 Patrik Boden****West Region: 73.73m 5/30/2008 Corey White**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	632 Westin Morrill	SR	Portland St.	_____
2	544 Cody Irby	SR	E. Washington	_____
3	451 Scott Viafore	SR	Boise State	_____
4	633 Nick Trubachik	JR	Portland St.	_____
5	593 Pat Smith	SR	Long Beach	_____
6	543 John Clevenger	SO	E. Washington	_____
7	640 Nick Mills	JR	Sac State	_____
8	771 Mark Presby	SO	WSU	_____
9	444 Eric Demers	SR	Boise State	_____
10	507 Lance Gonzales	JR	Northridge	_____
11	560 Kyle Hook	SR	Idaho	_____
12	436 Marc Peck	FR	Az State	_____

Flight 2 of 2 Finals

1	545 Aaron Mettler	SO	E. Washington	_____
2	665 Corey White	SR	USC	_____
3	552 Peter Krumeich	JR	Fresno St.	_____
4	457 Blaine Baker	SO	BYU	_____
5	749 Kyle Nielsen	SO	Washington	_____
6	450 Pontus Thomee	SO	Boise State	_____
7	736 Dusty Ott	SR	Utah State	_____
8	629 Alex Wolff	JR	Oregon	_____
9	482 Sean Richardson	SO	BYU	_____
10	618 Britton Nelson	SO	Oregon	_____
11	533 Ryan Young	JR	California	_____
12	612 Cyrus Hostetler	JR	Oregon	_____

Event 39 Women Hammer Throw**Friday 5/29/2009 - 2:45 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.****American: 73.87m 6/25/2005 Erin Gilreath****College Best: 72.94m 4/13/2007 Jenny Dahlberg****West Region: 69.10m 5/27/2006 Eva Orban**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	6 Megan Howard	SR	Arizona	_____
2	178 Megan Maloney	SR	Oregon	_____
3	15 Kendra Walworth	JR	Arizona	_____
4	100 Chid Onyewuenyi	JR	Davis	_____
5	319 Elisa Bryant	SO	Washington	_____
6	144 Amanda Bingson	FR	UNLV	_____
7	248 Kristi Koplun	JR	S. Utah	_____
8	34 Mele Vaisima	SO	Boise State	_____
9	252 Ashley Morrison	JR	S. Utah	_____

Flight 2 of 2 Finals

1	314 Krista Larson	SR	Utah State	_____
2	263 Jaynie Goodbody	JR	Stanford	_____
3	152 Constance McAlman	JR	Nevada	_____
4	27 Sarah Stevens	SR	Az State	_____
5	300 Sarah Grimm	JR	Utah	_____
6	112 Sharon Ayala	SR	Fresno St.	_____
7	109 Nicole Luckenbach	JR	E. Washington	_____
8	298 Josefin Berg	SR	Utah	_____
9	241 Eva Orban	SR	USC	_____

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Event 13 Men High Jump**Friday 5/29/2009 - 2:45 PM****Jump heights: 2.05- 2.09- 2.13- 2.16- 2.19- 2.22- 2.25- 2.28 +****Five-alive jumping format until fewer than 9 remaining.****Use Rule 7.1.6c.1 jump-off format to establish distinct 5th final place for advancement purposes only.****American: 2.40m 8/7/1991 Charles Austin****College Best: 2.39m 7/30/1989 Hollis Conway****West Region: 2.25m 5/27/2005 Jesse Williams**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	760 Trent Arrivey	JR	WSU		_____
2	537 Ben Nelson	JR	Davis		_____
3	495 Tynan Murray	FR	Cal Poly-SLO		_____
4	546 Stephen Praast	SO	E. Washington		_____
5	578 Julian Eison	SR	Irvine		_____
6	624 Vernell Warren	SO	Oregon		_____
7	739 John Strang	SR	Utah State		_____
8	508 Thomas Johnson	SO	Northridge		_____
9	446 Ryan Grinnell	SR	Boise State		_____
10	737 Casey Parker	JR	Utah State		_____
11	501 Johnathan Goldan	SR	Fullerton		_____
12	711 Taylor Hobson	SO	UCLA		_____
13	738 Clint Silcock	SO	Utah State		_____
14	500 LaRon Brown	JR	Fullerton		_____
15	666 Manjula Wijesekara	JR	USC		_____
16	585 Alex Black	JR	Long Beach		_____
17	673 Wade Nielson	SO	S. Utah		_____

Event 31 Women 4x100 Meter Relay**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/29/2009 - 3:00 PM****2 Heats - Advance heat winners plus next best 6 times to final.****American: 41.47 8/9/1997 World Championship Team****College Best: 42.50 6/2/1989 Louisiana State****West Region: 43.59 5/27/2006 USC**

Lane	Team	Relay	Seed	Time
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Heat 1 of 2 Prelims

3	Northridge			_____
1)	80 Precious Watkins FR	2)	76 Sherrina Lofton JR	
3)	70 Dominique Calvin SR	4)	77 Tara Prier SO	
4	Oregon			_____
1)	189 Mandy White SO	2)	184 Amber Purvis FR	
3)	167 Keshia Baker JR	4)	191 Jamesha Youngblood	
5	San Diego St			_____
1)	216 Alicia King SO	2)	217 Karoline Koehler JR	
3)	214 Jessika Hornsby SO	4)	220 Nicole Stone JR	
6	S. Utah			_____
1)	247 Sharae Hill SR	2)	246 Christina Day SO	
3)	254 Neosha Smith SO	4)	245 Chelsey Allen JR	
7	Az State			_____
1)	23 Dominique' Maloy SO	2)	19 Shauntel Elcock SR	
3)	18 Jasmine Chaney SO	4)	29 Charonda Williams SR	

Heat 2 of 2 Prelims

3	UCLA			_____
1)	295 Rhonda Watkins SR	2)	297 Yasmin Woodruff FR	
3)	285 Nicole Leach SR	4)	284 Krystin Lacy SR	
4	UNLV			_____
1)	145 Zadia Bryant FR	2)	146 LeKeisha Lawson SR	
3)	148 Candise Maxwell JR	4)	149 Shannel Woodley JR	
5	California			_____
1)	82 Kimyon Broom JR	2)	81 Kandi Bonty SR	
3)	83 Kayla Dixon SO	4)	84 Cherrelle Garrett SO	
6	USC			_____
1)	232 Shalina Clarke JR	2)	240 Judith Onyepunuka JR	
3)	244 Shana Woods JR	4)	242 Aareon Payne FR	
7	E. Washington			_____
1)	105 Shene Davis SO	2)	110 Brianna Okoro FR	
3)	108 Shannon Long SR	4)	106 Krystal Deyo JR	

Event 15 Men Long Jump**Friday 5/29/2009 - 3:05 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.****American: 8.95m 8/30/1991 Mike Powell****College Best: 8.74m 4/2/1994 Erick Walder****West Region: 7.99m 5/30/2003 Juaune Armon**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	638 Phillip Burks	FR	Sac State		_____
2	414 Jordan Powell	SR	Arizona		_____
3	591 Kenneth Medwood	JR	Long Beach		_____
4	506 Rolando Felizola	SR	Northridge		_____
5	761 Christian Crain	FR	WSU		_____
6	502 Garrett Myers	SR	Fullerton		_____
7	654 Desmond Hamilton	SR	USC		_____

Flight 2 of 2 Finals

1	721 Nelson Rosario	FR	UCLA		_____
2	504 Reindell Cole	SO	Northridge		_____
3	415 Luis Rivera-Morales	SR	Arizona		_____
4	624 Vernell Warren	SO	Oregon		_____
5	446 Ryan Grinnell	SR	Boise State		_____
6	711 Taylor Hobson	SO	UCLA		_____
7	637 Ronald Brookins	SO	Sac State		_____

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Event 11 Men 4x100 Meter Relay

**8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/29/2009 - 3:10 PM**

2 Heats - Advance heat winners plus next best 6 times to final

**American: 37.40 8/21/1993 World Championship Team
College Best: 38.04 6/2/1998 Texas Christian
West Region: 38.92 5/29/2004 Arizona State**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

4	California		
	1) 525 Kellan Patterson SR	2) 532 Keagan Wethington SO	
	3) 527 Nick Porter SO	4) 531 Shane Vereen FR	
5	Az State		
	1) 439 Lawrence Trice JR	2) 422 Allante Battle FR	
	3) 425 Darryl Elston SR	4) 424 Marcus Duncan SR	
6	UCLA		
	1) 703 Jamal Alston FR	2) 720 Karlton Rolle FR	
	3) 710 Stan Griffin JR	4) 724 Brandon Smith JR	
7	Northridge		
	1) 512 Ben Santos JR	2) 514 DeShawn Waters JR	
	3) 513 Nick Taylor JR	4) 504 Reindell Cole SO	

Heat 2 of 2 Prelims

3	USC		
	1) 654 Desmond Hamilton SR	2) 659 Ahmad Rashad JR	
	3) 656 Joey Hughes FR	4) 657 Matthew Palmer SR	
4	Weber St.		
	1) 779 Tyler McBee SO	2) 783 Taylor Pebley JR	
	3) 785 Brock Rose JR	4) 786 Chris Struckman FR	
5	Washington		
	1) 743 Randy Bacon SR	2) 744 Jordan Boase SR	
	3) 747 Kenjamine Jackson SR	4) 755 Joe Turner SR	
6	Stanford		
	1) 680 Daniel Belch JR	2) 694 Tyrone McGraw SO	
	3) 682 Zach Chandy SO	4) 689 Ryan Fisticaro SO	
7	Arizona		
	1) 418 Xiong Xuehan SR	2) 409 Christopher McSwain	
	3) 401 Kyle Alston SO	4) 417 Christopher Titsworth	

Event 34 Women Pole Vault

Friday 5/29/2009 - 3:15 PM

Jump Heights: 3.66- 3.81- 3.91- 4.01- 4.11- 4.21- 4.31- 4.41 +

Five-alive jumping format until fewer than 9 remaining.

Use Rule 7.1.6c.1 jump-off format to establish distinct 5th final place for advancement purposes only.

**American: 4.92m 7/6/2008 Jenn Stuczynski
College Best: 4.58m 4/20/2006 Lacy Johnson
West Region: 4.47m 5/30/2003 Becky Holiday**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	42 Kelly Ehardt	FR	BYU		
2	121 Jessica Custance	SR	Hawaii-Manoa		
3	277 Tori Anthony	SO	UCLA		
4	164 Jami Michaud	SO	N. Arizona		
5	37 Shanie Bushman	FR	BYU		
6	65 Kelly MacLean	SR	Fullerton		
7	174 Melissa Gergel	SO	Oregon		
8	17 Cara Carpenter	FR	Az State		
9	85 Cyrena Giordano	SO	California		
10	310 Sonia Grabowska	SO	Utah State		
11	57 Jenna Homes	JR	Cal Poly-SLO		
12	323 Lara Jones	SR	Washington		
13	282 Megan Jamerson	SR	UCLA		
14	328 Andrea Peterson	SR	Washington		
15	275 Katerina Stefanidi	FR	Stanford		
16	185 Jordan Roskelley	SO	Oregon		
17	294 Katy Viuf	JR	UCLA		
18	211 Ericka Violet	JR	Sac State		
19	243 Brysun Stately	JR	USC		
20	305 Klaudia Rokossa	FR	Utah		
21	3 Gabriella Duclos	JR	Arizona		
22	340 Alexa Huestis	SO	WSU		
23	30 Annelise Bertleson	JR	Boise State		
24	38 Kari Clark	JR	BYU		
25	94 Allison Stokke	SO	California		
26	36 Christine Botteron	FR	BYU		
27	209 Elizabeth Norvell	JR	Sac State		
28	91 Katie Morgan	SR	California		
29	115 Cara Montes	SO	Fresno St.		
30	13 Jacquelyn Perryman	SO	Arizona		
31	107 Chelsi Friese	SO	E. Washington		

**NCAA Division I 2009 Outdoor
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Event 25 Women 1500 Meter Run

**12 Advance: Top 4 Each Heat plus Next 4 Best Times
Friday 5/29/2009 - 3:20 PM**

**2 Heats. Advance top 4 in each plus next best 4 times to final
One waterfall line start.**

**American: 3:57.12 7/26/1983 Mary Slaney
College Best: 4:05.81 8/3/1991 Sonja O'Sullivan
West Region: 4:12.79 5/29/2004 Iryna Vashchuk**

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	261	Alicia Follmar	SR Stanford	_____
2	41	Sarah Edwards	FR BYU	_____
3	139	Missy Barclay	JR Long Beach	_____
4	193	Casey Masterson	FR Oregon St.	_____
5	225	Nicole Bowler	SO San Francisco	_____
6	256	Lauren Centrowitz	SR Stanford	_____
7	318	Christine Babcock	FR Washington	_____
8	58	Lauren Mulkey	SR Cal Poly-SLO	_____
9	299	Chelsea DiGrazia	SR Utah	_____
10	334	Lisa Egami	JR WSU	_____
11	198	Danielle Evans	SR Riverside	_____

Heat 2 of 2 Prelims

1	260	Madeline Duhon	SO Stanford	_____
2	162	Haley Lawrence	SO N. Arizona	_____
3	50	Katie Palmer	SO BYU	_____
4	200	Brenda Martinez	JR Riverside	_____
5	118	Roxanne Sellick	JR Fresno St.	_____
6	150	Christa Avena	SR Nevada	_____
7	287	Shannon Murakami	SO UCLA	_____
8	177	Alexandra Kosinski	SO Oregon	_____
9	315	Erin Stratton	JR Utah State	_____
10	321	Kailey Campbell	JR Washington	_____

Event 5 Men 1500 Meter Run

**12 Advance: Top 3 Each Heat plus Next 3 Best Times
Friday 5/29/2009 - 3:35 PM**

**3 Heats - Advance top 3 in each plus next best 3 times to final
One waterfall line start.**

**American: 3:29.30 8/28/2005 Bernard Lagat
College Best: 3:30.56 8/11/1999 Bernard Lagat
West Region: 3:42.02 5/25/2007 Lopez Lomong**

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	523	Eric Lee	SR California	_____
2	705	Laef Barnes	SR UCLA	_____
3	620	Galen Rupp	SR Oregon	_____
4	554	Frank Sanders	JR Fresno St.	_____
5	579	Colin Hacker	SR Irvine	_____
6	636	Pedro Ramos	SR Riverside	_____
7	464	Travis Fuller	FR BYU	_____
8	517	Michael Coe	SO California	_____
9	498	Derek Thomas	FR Cal Poly-SLO	_____
10	742	Austin Abbott	SR Washington	_____

Heat 2 of 3 Prelims

1	615	Jordan McNamara	JR Oregon	_____
2	491	Joe Gatel	SR Cal Poly-SLO	_____
3	634	Chad Hall	SO Riverside	_____
4	488	Jason Witt	FR BYU	_____
5	672	Cameron Levins	SO S. Utah	_____
6	466	Jacob Gustafsson	SR BYU	_____
7	745	Joey Bywater	FR Washington	_____
8	609	Matthew Centrowitz	FR Oregon	_____
9	707	Scott Crawford	SO UCLA	_____

Heat 3 of 3 Prelims

1	691	Garrett Heath	SR Stanford	_____
2	627	James Withers	SR Oregon	_____
3	716	Marlon Patterson	JR UCLA	_____
4	688	Jacob Evans	SR Stanford	_____
5	734	Chio Lopez	SO Utah State	_____
6	590	Matthew Maldonado	FR Long Beach	_____
7	404	Dylan Fitzpatrick	JR Arizona	_____
8	458	Miles Batty	SO BYU	_____
9	405	Abdi Hassan	FR Arizona	_____
10	456	Brandon Babiracki	SR BYU	_____

Event 29 Women 100 Meter Hurdles

**8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 3:55 PM**

3 Heats - Advance heat winners plus next best 5 times to final

**American: 12.33 7/23/2000 Gail Devers
College Best: 12.48 6/9/2006 Virginia Powell
West Region: 12.61 5/27/2006 Virginia Powell**

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	10	Dahyls Marshall	FR Arizona	_____
3	102	Sirena Williams	JR Davis	_____
4	188	Brianne Theisen	SO Oregon	_____
5	218	Annamari Korte	FR San Diego St	_____
6	68	Lauren Williams	SO Fullerton	_____
7	292	Lindsay Rowe	SO UCLA	_____

Heat 2 of 3 Prelims

2	148	Candise Maxwell	JR UNLV	_____
3	154	Analisa Serrano	SR Nevada	_____
4	82	Kimyon Broom	JR California	_____
5	283	Ryann Kraus	FR UCLA	_____
6	206	Sakya Bolton	FR Sac State	_____
7	137	Golde Ibia	FR Irvine	_____

Heat 3 of 3 Prelims

3	5	LaTisha Holden	SO Arizona	_____
4	317	Falesha Annton	JR Washington	_____
5	232	Shalina Clarke	JR USC	_____
6	18	Jasmine Chaney	SO Az State	_____
7	308	Ashlee Cannon	JR Utah State	_____
8	215	Briana Johnson	SO San Diego St	_____

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Event 9 Men 110 Meter Hurdles

**8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/29/2009 - 4:15 PM**

2 Heats - Advance heat winners plus next best 6 times to final

**American: 12.90 7/11/2006 Dominique Arnold
College Best: 13.00 5/6/1979 Renaldo Nehemiah
West Region: 13.47 5/31/2008 Kevin Craddock**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	511 Robert Robinson	JR	Northridge		_____
3	773 Robert Williams	SR	WSU		_____
4	735 Dylan Nielson	JR	Utah State		_____
5	526 Jordan Paul	SR	California		_____
6	535 Polly Gnepa	JR	Davis		_____
7	663 Oscar Spurlock	SO	USC		_____
8	417 Christopher Titworth	SR	Arizona		_____

Heat 2 of 2 Prelims

2	611 Eric Hersey	FR	Oregon		_____
3	592 Nimrod Piggee	SO	Long Beach		_____
4	559 Paul Dittmer	SO	Idaho		_____
5	681 Myles Bradley	SR	Stanford		_____
6	541 Jazz Trice	JR	Davis		_____
7	692 Joseph Jackson	JR	Stanford		_____
8	637 Ronald Brookins	SO	Sac State		_____

Event 21 Women 100 Meter Dash

**8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/29/2009 - 4:35 PM**

2 Heats - Advance heat winners plus next best 6 times to final

**American: 10.49 7/16/1988 Florence Griffith Joyner
College Best: 10.78 6/3/1989 Dawn Sowell
West Region: 11.15 5/26/2006 Chauntae Bayne**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	76 Sherrina Lofton	JR	Northridge		_____
2	84 Cherelle Garrett	SO	California		_____
3	80 Precious Watkins	FR	Northridge		_____
4	240 Judith Onyepunuka	JR	USC		_____
5	297 Yasmin Woodruff	FR	UCLA		_____
6	189 Mandy White	SO	Oregon		_____
7	23 Dominique' Maloy	SO	Az State		_____
8	247 Sharae Hill	SR	S. Utah		_____

Heat 2 of 2 Prelims

1	217 Karoline Koehler	JR	San Diego St		_____
2	338 Princess Joy Griffey	JR	WSU		_____
3	269 Griffin Matthew	JR	Stanford		_____
4	196 Jernise Saunders	SR	Portland St.		_____
5	265 Shataya Hendricks	FR	Stanford		_____
6	49 Mindy Neeley	JR	BYU		_____
7	29 Charonda Williams	SR	Az State		_____
8	146 LeKeisha Lawson	SR	UNLV		_____

Event 1 Men 100 Meter Dash

**8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/29/2009 - 4:45 PM**

2 Heats - Advance heat winners plus next best 6 times to final

**American: 9.77 6/28/2008 Tyson Gay
College Best: 9.90 7/27/1996 Ato Boldon
West Region: 10.23 5/27/2006 Garry Jones**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	527 Nick Porter	SO	California		_____
3	659 Ahmad Rashad	JR	USC		_____
4	514 DeShawn Waters	JR	Northridge		_____
5	769 Marlon Murray	SO	WSU		_____
6	422 Allante Battle	FR	Az State		_____

Heat 2 of 2 Prelims

2	424 Marcus Duncan	SR	Az State		_____
3	525 Kellan Patterson	SR	California		_____
4	703 Jamal Alston	FR	UCLA		_____
6	774 Justin Woods	SR	WSU		_____

Event 23 Women 400 Meter Dash

**8 Advance: Top 1 Each Heat plus Next 5 Best Times
Friday 5/29/2009 - 4:55 PM**

3 Heats - Advance heat winners plus next best 5 times to final

**American: 48.70 9/17/2006 Sanya Richards
College Best: 49.89 7/17/2004 Sanya Richards
West Region: 50.65 5/29/2004 Monique Henderson**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

3	113 Tiera Hilliard	SO	Fresno St.		_____
4	81 Kandi Bonty	SR	California		_____
5	167 Keshia Baker	JR	Oregon		_____
6	67 Ciara Short	SO	Fullerton		_____
7	54 Natalie Stewart	FR	BYU		_____

Heat 2 of 3 Prelims

3	235 Myra Hasson	JR	USC		_____
4	95 Brook Turner	SR	California		_____
5	286 Ashlea McLaughlin	SO	UCLA		_____
6	239 Elizabeth Olear	JR	USC		_____
7	284 Krystin Lacy	SR	UCLA		_____
8	98 Ugo Eke	JR	Davis		_____

Heat 3 of 3 Prelims

3	220 Nicole Stone	JR	San Diego St		_____
4	16 Jeavon Benjamin	SR	Az State		_____
5	246 Christina Day	SO	S. Utah		_____
6	79 Shelese Ruffin	JR	Northridge		_____
7	53 Nachele Stewart	FR	BYU		_____

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Event 3 Men 400 Meter Dash

**8 Advance: Top 1 Each Heat plus Next 6 Best Times
Friday 5/29/2009 - 5:10 PM**

2 Heats - Advance heat winners plus next best 6 times to final

**American: 43.18 8/26/1999 Michael Johnson
College Best: 43.50 8/5/1992 Quincy Watts
West Region: 44.89 5/29/2004 Craig Everhart**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

3	648 Nate Anderson	JR	USC		_____
4	459 Kevin Biesinger	JR	BYU		_____
5	744 Jordan Boase	SR	Washington		_____
6	746 Jeff Gudaitis	JR	Washington		_____
7	606 Chad Barlow	JR	Oregon		_____

Heat 2 of 2 Prelims

2	729 Elijah Wells	SR	UCLA		_____
3	669 Austin Hill	JR	S. Utah		_____
4	610 Ashton Eaton	JR	Oregon		_____
5	656 Joey Hughes	FR	USC		_____
6	455 Rhyan Atrice	FR	BYU		_____

Event 35 Women Long Jump

Friday 5/29/2009 - 5:15 PM

2 Flights - Advance top 9 plus ties to a reverse order final.

Use Rule 7.1.5 to establish first 5 distinct final places.

15 minutes warm-up for each flight, 10 minutes before finals.

**American: 7.49m 5/22/1994 Jackie Joyner-Kersey
College Best: 7.24m 8/21/1985 Jackie Joyner
West Region: 6.82m 5/25/2007 Rhonda Watkins**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	79 Shelese Ruffin	JR	Northridge		_____
2	106 Krystal Deyo	JR	E. Washington		_____
3	267 Whitney Liehr	SO	Stanford		_____
4	69 Candyce Babb	SR	Northridge		_____
5	259 Brittni Dixon-Smith	SO	Stanford		_____
6	48 Amy Menlove	JR	BYU		_____
7	211 Ericka Violett	JR	Sac State		_____

Flight 2 of 2 Finals

1	191 Jamesha Youngblood	SO	Oregon		_____
2	296 Danielle Watson	JR	UCLA		_____
3	49 Mindy Neeley	JR	BYU		_____
4	217 Karoline Koehler	JR	San Diego St		_____
5	266 Arantxa King	SO	Stanford		_____
6	20 Stephanie Garnett	SR	Az State		_____
7	269 Griffin Matthew	JR	Stanford		_____
8	295 Rhonda Watkins	SR	UCLA		_____

Event 24 Women 800 Meter Run

**8 Advance: Top 2 Each Heat plus Next 4 Best Times
Friday 5/29/2009 - 5:25 PM**

2 Heats - Advance top 2 in each plus next best 4 times to final

One turn stagger.

**American: 1:56.40 8/11/1999 Jearl Miles-Clark
College Best: 1:58.33 8/16/1985 Claudette Groenendaal
West Region: 2:00.77 5/31/2008 Alysia Johnson**

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

2	55 Sarah Yingling	FR	BYU		_____
3	234 Frida Flodstrom	FR	USC		_____
4	210 Renisha Robinson	SO	Sac State		_____
5	258 Claire	SR	Stanford		_____
6	39 Lacey Cramer	FR	BYU		_____
7	212 Lea Wallace	SO	Sac State		_____
8	47 Sandra Mazan	JR	BYU		_____

Heat 2 of 2 Prelims

2	309 Elaine Connally	SR	Utah State		_____
3	172 Zoe Buckman	JR	Oregon		_____
4	280 Camilla Dencer	FR	UCLA		_____
5	32 Kayleen McDowell	SR	Boise State		_____
6	279 Krishna Curry	JR	UCLA		_____
7	203 Ashley Williams	SR	Riverside		_____

Event 38 Women Discus Throw

Friday 5/29/2009 - 5:30 PM

3 Flights - Advance top 9 plus ties to a reverse order final.

Use Rule 7.1.5 to establish first 5 distinct final places.

15 minutes warm-up for each flight, 10 minutes before finals.

**American: 67.67m 3/14/2007 Suzy Powell
College Best: 67.48m 4/26/1981 Meg Ritchie
West Region: 57.85m 5/28/2004 Rachel Varner**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 3 Finals

1	350 Alana Faagai	SO	Weber St.		_____
2	319 Elisa Bryant	SO	Washington		_____
3	278 Brittany Borman	FR	UCLA		_____
4	226 Irene Kujore	FR	Santa Barbara		_____
5	219 Jeanette McConnell	SO	San Diego St		_____
6	152 Constance McAlman	JR	Nevada		_____
7	355 Lindsey Spencer	SO	Weber St.		_____
8	99 Ashley Hearn	SO	Davis		_____

Flight 2 of 3 Finals

1	124 Careena Onosai	SO	Hawaii-Manoa		_____
2	159 Maria Braun	JR	N. Arizona		_____
3	64 Jameena Hunt	JR	Fullerton		_____
4	342 Ashley Kenney	FR	WSU		_____
5	56 Julie Dufresne	SR	Cal Poly-SLO		_____
6	236 Katalin Mate	SR	USC		_____
7	120 Kayla Xavier	SO	Fresno St.		_____
8	248 Kristi Koplin	JR	S. Utah		_____

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Flight 3 of 3 Finals...(Event 38 Women Discus Throw)

1	123 TeRina Keenan	FR	Hawaii-Manoa	_____
2	9 Nicole Lloyd	SR	Arizona	_____
3	24 Cj Navarro	FR	Az State	_____
4	173 Lucy Cridland	SR	Oregon	_____
5	221 Leanne Taylor	JR	San Diego St	_____
6	4 Taylor Freeman	FR	Arizona	_____
7	276 Michaela Wallerstedt	SR	Stanford	_____
8	112 Sharon Ayala	SR	Fresno St.	_____
9	27 Sarah Stevens	SR	Az State	_____

Event 4 Men 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 5:40 PM****3 Heats - Advance top 2 in each plus next best 2 times to final
One turn stagger.****American: 1:42.60 8/28/1985 Johnny Gray****College Best: 1:41.77 8/26/1984 Joaquim Cruz****West Region: 1:47.87 5/27/2006 Duane Soloman**

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	622 Travis Thompson	SO	Oregon	_____
2	528 Sebastian Sam	FR	California	_____
3	717 Cory Primm	SO	UCLA	_____
4	558 Josh Dalton	SO	Idaho	_____
5	625 Andrew Wheating	JR	Oregon	_____
6	468 Justin Hedin	FR	BYU	_____
7	577 Eric Strand	SO	Idaho St.	_____
8	757 Joe Abbott	FR	WSU	_____

Heat 2 of 3 Prelims

1	662 Blake Shaw	FR	USC	_____
2	581 Charles Jock	FR	Irvine	_____
3	661 Irek Sekretarski	SR	USC	_____
4	421 Nectaly Barbosa	SO	Az State	_____
5	767 Luke Lemenager	JR	WSU	_____
6	516 Sean Carey	SR	California	_____
7	403 James Eichberger	FR	Arizona	_____
8	469 Keith Jensen	SR	BYU	_____

Heat 3 of 3 Prelims

1	731 James Allred	SO	Utah State	_____
2	587 Alex Freitas	JR	Long Beach	_____
3	641 Dave Rabinowitz	JR	Sac State	_____
4	462 Drew Foster	JR	BYU	_____
5	518 Francis Gadayan	SR	California	_____
6	486 Brian Weirich	JR	BYU	_____
7	645 Ryan Martin	FR	Santa Barbara	_____
8	433 Mason McHenry	FR	Az State	_____

Event 17 Men Shot Put**Friday 5/29/2009 - 5:45 PM****2 Flights - Advance top 9 plus ties to a reverse order final.****Use Rule 7.1.5 to establish first 5 distinct final places.****15 minutes warm-up for each flight, 10 minutes before finals.****American: 23.12m 5/20/1990 Randy Barnes****College Best: 22.00m 6/3/1995 John Godina****West Region: 20.60m 5/30/2008 Ryan Whiting**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	472 Daniel Lawson	JR	BYU	_____
2	701 Geoffrey Tabor	FR	Stanford	_____
3	522 Patrick Kowalsky	SO	California	_____
4	732 Bryce Hall	FR	Utah State	_____
5	505 Derek Cooper	JR	Northridge	_____
6	411 Korion Morris	SO	Arizona	_____

Flight 2 of 2 Finals

1	604 Javier Villarreal	JR	N. Arizona	_____
2	432 Jason Lewis	JR	Az State	_____
3	643 Scott Anderson	SR	Santa Barbara	_____
4	440 Ryan Whiting	JR	Az State	_____
5	407 Zack Lloyd	SR	Arizona	_____
6	726 Bo Taylor	SO	UCLA	_____
7	562 Eugenio Mannucci	SO	Idaho	_____

Event 30 Women 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/29/2009 - 6:00 PM****4 Heats - Advance heat winners plus next best 4 times to final****American: 52.61 8/11/1995 Kim Batten****College Best: 53.47 8/29/1991 Janeene Vickers****West Region: 54.91 5/29/2004 Sheena Johnson**

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

3	61 Jhana Samuels	SR	Cal Poly-SLO	_____
4	349 Ally Dean	JR	Weber St.	_____
5	285 Nicole Leach	SR	UCLA	_____
6	316 Katie Thatcher	SR	Utah State	_____
7	283 Ryann Kraiss	FR	UCLA	_____

Heat 2 of 4 Prelims

4	197 Uchechi Egeonuigwe	SR	Riverside	_____
5	238 Dalilah Muhammad	FR	USC	_____
6	155 Polly Smith	SR	Nevada	_____
7	302 Chelsey Kaplar	JR	Utah	_____
8	274 Idara Otu	SR	Stanford	_____

Heat 3 of 4 Prelims

3	183 Lyndsay Pearson	FR	Oregon	_____
4	147 Christine Lowe	FR	UNLV	_____
5	306 Chelsea Shapard	SR	Utah	_____
6	18 Jasmine Chaney	SO	Az State	_____
7	92 Evelyn Smith	SR	California	_____
8	208 Morinsola Keshinro	SR	Sac State	_____

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Heat 4 of 4 Prelims...(Event 30 Women 400 Meter Hurdles)

3	343 Lorraine King	SR	WSU	_____
4	25 Kayla Sanchez	FR	Az State	_____
5	52 Diane Stewart	JR	BYU	_____
6	114 Latrisha Jordan	FR	Fresno St.	_____
7	312 Heidi Hopkins	SO	Utah State	_____

Event 10 Men 400 Meter Hurdles

**8 Advance: Top 1 Each Heat plus Next 4 Best Times
Friday 5/29/2009 - 6:20 PM**

4 Heats - Advance heat winners plus next best 4 times to final

American: 46.78 8/6/1992 Kevin Young
College Best: 47.10 8/7/1991 Samuel Matete
West Region: 49.41 5/31/2008 Jeshua Anderson

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

3	741 Keith Williams	SR	Utah State	_____
4	605 Marshall Ackley	JR	Oregon	_____
5	733 Nick Karren	JR	Utah State	_____
6	520 Jake Hanson	SR	California	_____
7	766 Barry Leavitt	SR	WSU	_____
8	783 Taylor Pebley	JR	Weber St.	_____

Heat 2 of 4 Prelims

3	485 Lance Walker	JR	BYU	_____
4	763 Trevor Habberstad	SO	WSU	_____
5	683 Durell Coleman	JR	Stanford	_____
6	664 Duane Walker	FR	USC	_____
7	696 Amaechi Morton	FR	Stanford	_____
8	550 Val-Pierre Dai'Re	JR	Fresno St.	_____

Heat 3 of 4 Prelims

3	479 Bryan Payne	JR	BYU	_____
4	555 Kendrick Young	SO	Fresno St.	_____
5	484 Rob Skidmore	JR	BYU	_____
6	542 Alex Wilright	SO	Davis	_____
7	614 David Klech	SO	Oregon	_____
8	454 Kevin Ahlstrom	JR	BYU	_____

Heat 4 of 4 Prelims

3	591 Kenneth Medwood	JR	Long Beach	_____
4	417 Christopher Titsworth	SR	Arizona	_____
5	759 Jeshua Anderson	SO	WSU	_____
6	420 Roberto Archibold	JR	Az State	_____
7	540 Thomas Phillips	SO	Davis	_____

Event 2 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Friday 5/29/2009 - 3:55 PM

3 Heats - Advance heat winners plus next best 5 times to final

American: 19.32 8/1/1996 Michael Johnson
College Best: 19.69 5/26/2007 Walter Dix
West Region: 20.58 5/28/2005 Wes Felix

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

4	755 Joe Turner	SR	Washington	_____
5	422 Allante Battle	FR	Az State	_____
6	769 Marlon Murray	SO	WSU	_____
7	573 Sergio Jones	JR	Idaho St.	_____

Heat 2 of 3 Prelims

3	424 Marcus Duncan	SR	Az State	_____
4	785 Brock Rose	JR	Weber St.	_____
5	682 Zach Chandy	SO	Stanford	_____
6	724 Brandon Smith	JR	UCLA	_____
7	418 Xiong Xuehan	SR	Arizona	_____

Heat 3 of 3 Prelims

3	401 Kyle Alston	SO	Arizona	_____
4	514 DeShawn Waters	JR	Northridge	_____
5	720 Karlton Rolle	FR	UCLA	_____
6	774 Justin Woods	SR	WSU	_____
8	710 Stan Griffin	JR	UCLA	_____

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Event 27 Women 5000 Meter Run**Friday 5/29/2009 - 7:10 PM****One section final. Double waterfall line start.****First 16 on main waterfall. Next 8 on front waterfall.****Remainder behind first 16.****American: 14:44.80 4/14/2007 Shalane Flanagan****College Best: 15:07.56 7/4/1985 Cathy Easker****West Region: 16:04.92 5/25/2007 Teresa McWalters**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	272 Kate Niehaus	SO	Stanford	_____
2	46 Cecily Lemmon	SO	BYU	_____
3	257 Laurynne Chetelat	FR	Stanford	_____
4	322 Katie Follett	JR	Washington	_____
5	165 Veronica Pohl	JR	N. Arizona	_____
6	320 Anita Campbell	JR	Washington	_____
7	97 Kim Conley	SR	Davis	_____
8	337 Isley Gonzalez	SR	WSU	_____
9	22 Jenna Kingma	SR	Az State	_____
10	169 Nicole Blood	JR	Oregon	_____
11	8 Irine Lagat	SR	Arizona	_____
12	327 Kenna Patrick	SO	Washington	_____
13	268 Stephanie Marcy	SO	Stanford	_____
14	143 Tara Erdmann	SO	Loyola Marymou	_____
15	264 Georgia Griffin	FR	Stanford	_____
16	170 Mattie Bridgmon	JR	Oregon	_____
17	281 Katja Goldring	FR	UCLA	_____
18	224 Michelle Born	SR	San Francisco	_____
19	101 Lorin Scott	SR	Davis	_____
20	153 Amanda Moreno	SO	Nevada	_____
21	336 Michelly Foley	FR	WSU	_____
22	223 Rachel Williams	JR	San Diego St	_____
23	35 Katy Andrews	FR	BYU	_____
24	330 Lauren Saylor	SO	Washington	_____
25	163 Astrid Leutert	SO	N. Arizona	_____
26	182 Zoe Nelson	SR	Oregon	_____
27	251 Diana Medina	SO	S. Utah	_____
28	168 Betsy Bies	SO	Oregon	_____

Event 7 Men 5000 Meter Run**Friday 5/29/2009 - 7:30 PM****One section final. Double waterfall line start.****First 16 on Main waterfall. Next 8 on the front waterfall.****Remainder behind the first 16.****American: 12:58.21 8/14/1996 Bob Kennedy****College Best: 13:08.4h 5/13/1978 Henry Rono****West Region: 13:45.36 5/30/2003 Louis Luchini**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	483 Stephan Shay	SR	BYU	_____
2	685 Chris Derrick	FR	Stanford	_____
3	599 David McNeill	JR	N. Arizona	_____
4	423 Brandon Bethke	JR	Az State	_____
5	690 Elliott Heath	SO	Stanford	_____
6	519 Yosef Ghebray	JR	California	_____
7	619 Luke Puskedra	FR	Oregon	_____
8	596 Diego Estrada	FR	N. Arizona	_____
9	607 Shadrack Biwott	SR	Oregon	_____
10	631 Alfred Kipchumba	SO	Portland	_____
11	623 Scott Wall	SR	Oregon	_____
12	594 Ben Ashkettle	SO	N. Arizona	_____
13	620 Galen Rupp	SR	Oregon	_____
14	646 Scott Smith	JR	Santa Barbara	_____
15	671 Nate Jewkes	FR	S. Utah	_____
16	597 Mark Fruin	SR	N. Arizona	_____
17	686 Hakon DeVries	SR	Stanford	_____
18	428 Jeff Helmer	SO	Az State	_____
19	521 Kari Karlsson	SO	California	_____
20	497 Troy Swier	SR	Cal Poly-SLO	_____
21	467 Brandon Hebbert	SO	BYU	_____
22	492 Daniel Gonias	JR	Cal Poly-SLO	_____
23	752 Jake Schmitt	JR	Washington	_____
24	465 Tommy Gruenewald	SO	BYU	_____
25	675 Nigal Sharp	FR	S. Utah	_____
26	478 Nathan Ogden	SO	BYU	_____
27	635 Ulices Pina	SR	Riverside	_____
28	471 Jon Kotter	JR	BYU	_____
29	601 Ahmed Osman	FR	N. Arizona	_____
30	616 Daniel Mercado	SO	Oregon	_____