



# NCAA Championships

June 10-13, 2009  
McDonnell Field  
Fayetteville, Arkansas

## Event 8 Men 10000m Run

### Round 1

Name	Affiliation	Time												
<b>Heat 1</b>														
1	Galen Rupp	Oregon	28:21.45	1:06.30(1:06.30) 2:13.44(1:07.14) 3:19.21(1:05.78) 4:25.59(1:06.39) 5:33.22(1:07.63) 6:38.87(1:05.66) 7:44.45(1:05.58) 8:54.18(1:09.73) 10:00.39(1:06.21) 11:07.64(1:07.26) 12:16.17(1:08.53) 13:25.93(1:09.77) 14:37.56(1:11.63) 15:47.59(1:10.04) 16:56.69(1:09.11) 18:05.94(1:09.25) 19:17.51(1:11.58) 20:30.27(1:12.76) 21:41.89(1:11.63) 22:49.92(1:08.04) 24:04.38(1:14.46) 25:20.37(1:15.99) 26:22.50(1:02.13) 27:20.50(58.01) 28:21.45(1:00.95)										
2	Shawn Forrest	Arkansas	28:24.53	1:04.05(1:04.05) 2:11.09(1:07.05) 3:16.43(1:05.34) 4:23.67(1:07.24) 5:29.95(1:06.28) 6:35.86(1:05.91) 7:44.19(1:08.34) 8:53.95(1:09.76) 9:59.42(1:05.47) 11:07.38(1:07.96) 12:15.90(1:08.52) 13:25.46(1:09.56) 14:37.31(1:11.86) 15:47.34(1:10.04) 16:56.48(1:09.14) 18:05.43(1:08.96) 19:17.27(1:11.84) 20:30.04(1:12.78) 21:41.67(1:11.63) 22:49.88(1:08.21) 24:04.33(1:14.46) 25:20.32(1:16.00) 26:22.35(1:02.03) 27:23.21(1:00.86) 28:24.53(1:01.32)										
3	Sam Chelanga	Liberty	28:35.40	1:03.82(1:03.82) 2:10.88(1:07.07) 3:16.22(1:05.34) 4:23.44(1:07.22) 5:30.29(1:06.86) 6:36.18(1:05.89) 7:43.95(1:07.77) 8:53.72(1:09.78) 9:59.69(1:05.98) 11:07.06(1:07.38) 12:15.67(1:08.61) 13:25.71(1:10.05) 14:37.06(1:11.35) 15:47.13(1:10.08) 16:56.27(1:09.15) 18:05.71(1:09.44) 19:17.00(1:11.30) 20:29.80(1:12.81) 21:41.40(1:11.60) 22:49.67(1:08.28) 24:04.19(1:14.52) 25:20.18(1:15.99) 26:23.28(1:03.11) 27:26.82(1:03.54) 28:35.40(1:08.59)										
4	Patrick Smyth	Notre Dame	29:08.13	1:07.18(1:07.18) 2:16.77(1:09.60) 3:25.44(1:08.67) 4:35.96(1:10.53) 5:47.22(1:11.26) 6:58.98(1:11.77) 8:09.06(1:10.09) 9:20.83(1:11.77) 10:29.29(1:08.46) 11:39.49(1:10.21) 12:51.17(1:11.69) 14:02.34(1:11.17) 15:13.60(1:11.26) 16:24.28(1:10.69) 17:35.87(1:11.59) 18:46.50(1:10.63) 19:58.95(1:12.46) 21:10.15(1:11.20) 22:19.52(1:09.37) 23:30.68(1:11.17) 24:41.33(1:10.65) 25:52.40(1:11.08) 27:02.04(1:09.65) 28:08.97(1:06.93) 29:08.13(59.17)										
5	Andrew Ledwith	Iona	29:10.97	1:07.58(1:07.58) 2:16.38(1:08.80) 3:24.98(1:08.61) 4:35.55(1:10.58) 5:47.36(1:11.81) 6:59.20(1:11.84) 8:08.95(1:09.75) 9:21.12(1:12.17) 10:29.79(1:08.68) 11:39.57(1:09.78) 12:51.40(1:11.84) 14:02.85(1:11.45) 15:13.75(1:10.90) 16:25.30(1:11.56) 17:36.25(1:10.95) 18:46.93(1:10.68) 19:59.38(1:12.46) 21:10.52(1:11.14) 22:19.44(1:08.93) 23:30.60(1:11.17) 24:41.21(1:10.61) 25:52.23(1:11.02) 27:02.14(1:09.92) 28:09.37(1:07.23) 29:10.97(1:01.60)										
6	James Strang	Arkansas	29:11.65	1:08.55(1:08.55) 2:17.74(1:09.19) 3:26.64(1:08.90) 4:36.55(1:09.92) 5:48.14(1:11.60) 6:59.81(1:11.67) 8:09.80(1:09.99) 9:21.68(1:11.88) 10:29.96(1:08.29) 11:39.82(1:09.86) 12:51.62(1:11.80) 14:03.08(1:11.47) 15:14.24(1:11.17) 16:24.88(1:10.64) 17:36.02(1:11.15) 18:46.80(1:10.79) 19:59.13(1:12.33) 21:10.35(1:11.23) 22:19.66(1:09.31) 23:30.89(1:11.23) 24:41.45(1:10.57) 25:52.54(1:11.10) 27:01.93(1:09.40) 28:09.28(1:07.35) 29:11.65(1:02.37)										
7	Girma Mecheso	Auburn	29:12.99	1:07.72(1:07.72) 2:16.55(1:08.84) 3:25.23(1:08.68) 4:35.83(1:10.61) 5:47.65(1:11.82) 6:59.46(1:11.81) 8:10.31(1:10.85) 9:22.45(1:12.15) 10:30.82(1:08.38) 11:40.68(1:09.86) 12:52.35(1:11.67) 14:03.88(1:11.54) 15:14.74(1:10.87) 16:26.16(1:11.42) 17:36.66(1:10.51) 18:47.61(1:10.96) 19:59.84(1:12.23) 21:10.91(1:11.07) 22:19.71(1:08.81) 23:31.01(1:11.31) 24:41.57(1:10.56) 25:52.42(1:10.86) 27:02.30(1:09.88) 28:09.15(1:06.85) 29:12.99(1:03.85)										
8	Jake Riley	Stanford	29:14.53	1:07.67(1:07.67) 2:17.56(1:09.90) 3:26.38(1:08.82) 4:36.67(1:10.30) 5:48.34(1:11.67) 7:00.54(1:12.21) 8:10.15(1:09.62) 9:22.20(1:12.05) 10:30.67(1:08.47) 11:40.14(1:09.47) 12:51.72(1:11.59) 14:03.29(1:11.57) 15:14.50(1:11.21) 16:25.87(1:11.38) 17:36.46(1:10.60) 18:47.17(1:10.71) 19:59.39(1:12.23) 21:10.74(1:11.35) 22:20.29(1:09.55) 23:31.44(1:11.16) 24:42.00(1:10.57) 25:52.98(1:10.98) 27:02.83(1:09.86) 28:10.27(1:07.44) 29:14.53(1:04.27)										
9	Ahmed Osman	N. Arizona	29:18.23	1:07.39(1:07.39) 2:16.99(1:09.61) 3:26.15(1:09.16) 4:36.42(1:10.28) 5:47.76(1:11.35) 7:00.03(1:12.27) 8:10.43(1:10.41) 9:21.84(1:11.41) 10:30.16(1:08.33) 11:39.74(1:09.58) 12:51.43(1:11.69) 14:02.94(1:11.52) 15:14.02(1:11.09) 16:25.52(1:11.50) 17:36.39(1:10.87) 18:47.46(1:11.08) 19:59.62(1:12.17) 21:10.69(1:11.08) 22:20.06(1:09.37) 23:31.27(1:11.22) 24:41.77(1:10.50) 25:53.06(1:11.30) 27:03.19(1:10.13) 28:10.64(1:07.45) 29:18.23(1:07.60)										

All Splits are taken from the common finishline



# NCAA Championships

June 10-13, 2009  
McDonnell Field  
Fayetteville, Arkansas

## Event 8 Men 10000m Run

### Round 1

10	John Beattie	Tulsa	29:19.97	1:07.92(1:07.92) 2:18.44(1:10.52) 3:27.63(1:09.20) 4:37.09(1:09.46) 5:47.92(1:10.83) 6:59.58(1:11.67) 8:09.94(1:10.37) 9:21.48(1:11.55) 10:30.31(1:08.84) 11:40.01(1:09.70) 12:51.84(1:11.83) 14:03.44(1:11.60) 15:13.81(1:10.37) 16:25.13(1:11.33) 17:36.15(1:11.02) 18:47.20(1:11.06) 19:59.60(1:12.40) 21:10.47(1:10.88) 22:19.94(1:09.47) 23:31.38(1:11.44) 24:41.89(1:10.52) 25:52.88(1:10.99) 27:04.10(1:11.23) 28:15.69(1:11.59) 29:19.97(1:04.29)
11	Luke Puskedra	Oregon	29:20.18	1:06.62(1:06.62) 2:16.68(1:10.07) 3:25.90(1:09.22) 4:36.41(1:10.52) 5:48.18(1:11.77) 7:00.51(1:12.33) 8:10.36(1:09.86) 9:21.26(1:10.90) 10:29.52(1:08.27) 11:39.28(1:09.76) 12:51.05(1:11.77) 14:02.60(1:11.56) 15:13.47(1:10.88) 16:24.57(1:11.10) 17:35.77(1:11.21) 18:46.70(1:10.94) 19:58.87(1:12.18) 21:10.04(1:11.17) 22:19.42(1:09.39) 23:30.44(1:11.02) 24:41.10(1:10.66) 25:52.15(1:11.06) 27:02.54(1:10.39) 28:10.14(1:07.61) 29:20.18(1:10.05)
12	Jordan Kyle	Colorado	29:20.35	1:09.24(1:09.24) 2:19.00(1:09.76) 3:28.10(1:09.10) 4:37.81(1:09.71) 5:49.51(1:11.71) 7:00.39(1:10.89) 8:10.29(1:09.91) 9:22.94(1:12.65) 10:32.14(1:09.20) 11:41.49(1:09.35) 12:52.43(1:10.95) 14:03.66(1:11.24) 15:14.75(1:11.10) 16:26.27(1:11.52) 17:36.81(1:10.55) 18:47.97(1:11.16) 19:59.85(1:11.89) 21:11.20(1:11.35) 22:21.61(1:10.42) 23:32.36(1:10.75) 24:42.50(1:10.14) 25:53.93(1:11.44) 27:05.65(1:11.72) 28:16.49(1:10.85) 29:20.35(1:03.86)
13	Chris Barnicle	New Mexico	29:21.33	1:07.79(1:07.79) 2:17.32(1:09.54) 3:26.59(1:09.27) 4:36.93(1:10.35) 5:48.60(1:11.68) 7:00.94(1:12.35) 8:10.25(1:09.31) 9:23.34(1:13.10) 10:32.62(1:09.28) 11:41.90(1:09.29) 12:53.26(1:11.36) 14:04.58(1:11.32) 15:15.18(1:10.61) 16:26.64(1:11.46) 17:37.03(1:10.39) 18:48.36(1:11.34) 20:00.06(1:11.71) 21:11.12(1:11.07) 22:20.48(1:09.36) 23:31.62(1:11.15) 24:42.14(1:10.52) 25:53.18(1:11.05) 27:04.43(1:11.25) 28:14.68(1:10.25) 29:21.33(1:06.66)
14	Daniel Mercado	Oregon	29:22.54	1:07.70(1:07.70) 2:17.64(1:09.94) 3:26.93(1:09.29) 4:37.13(1:10.21) 5:48.81(1:11.69) 7:00.61(1:11.80) 8:10.23(1:09.63) 9:22.51(1:12.29) 10:31.64(1:09.13) 11:41.39(1:09.76) 12:52.95(1:11.57) 14:04.07(1:11.12) 15:14.94(1:10.88) 16:26.39(1:11.45) 17:36.91(1:10.52) 18:48.12(1:11.21) 19:59.17(1:11.06) 21:09.80(1:10.64) 22:19.22(1:09.42) 23:31.15(1:11.94) 24:41.63(1:10.49) 25:52.69(1:11.07) 27:03.01(1:10.32) 28:13.80(1:10.80) 29:22.54(1:08.74)
15	Sean Houseworth	Air Force	29:31.56	1:08.37(1:08.37) 2:18.04(1:09.67) 3:27.01(1:08.97) 4:37.37(1:10.36) 5:49.09(1:11.73) 7:01.21(1:12.12) 8:10.67(1:09.47) 9:22.90(1:12.23) 10:31.08(1:08.19) 11:40.92(1:09.85) 12:52.76(1:11.85) 14:03.87(1:11.11) 15:14.95(1:11.09) 16:26.97(1:12.02) 17:37.04(1:10.07) 18:48.19(1:11.15) 19:59.35(1:11.17) 21:09.90(1:10.55) 22:19.33(1:09.44) 23:30.76(1:11.43) 24:41.37(1:10.61) 25:52.44(1:11.07) 27:04.22(1:11.78) 28:17.36(1:13.15) 29:31.56(1:14.21)
16	Mat Ashton	New Mexico	29:42.60	1:08.39(1:08.39) 2:18.19(1:09.80) 3:27.46(1:09.27) 4:36.05(1:08.60) 5:47.45(1:11.41) 6:59.32(1:11.87) 8:09.74(1:10.42) 9:22.12(1:12.38) 10:31.22(1:09.11) 11:41.16(1:09.94) 12:53.14(1:11.98) 14:04.46(1:11.32) 15:15.38(1:10.93) 16:27.15(1:11.77) 17:37.20(1:10.06) 18:49.29(1:12.09) 20:01.71(1:12.43) 21:14.91(1:13.21) 22:29.77(1:14.86) 23:45.59(1:15.83) 25:00.01(1:14.43) 26:15.12(1:15.11) 27:27.01(1:11.89) 28:38.69(1:11.68) 29:42.60(1:03.92)
17	Stephan Shay	BYU	29:43.25	1:07.37(1:07.37) 2:17.18(1:09.81) 3:25.69(1:08.52) 4:36.11(1:10.42) 5:47.88(1:11.78) 6:59.94(1:12.06) 8:09.22(1:09.28) 9:21.50(1:12.28) 10:30.10(1:08.61) 11:40.20(1:10.10) 12:52.14(1:11.94) 14:03.64(1:11.50) 15:14.52(1:10.89) 16:26.90(1:12.38) 17:38.66(1:11.77) 18:50.43(1:11.78) 20:03.67(1:13.25) 21:17.32(1:13.65) 22:31.23(1:13.91) 23:45.45(1:14.23) 25:00.47(1:15.03) 26:14.82(1:14.35) 27:27.94(1:13.13) 28:39.11(1:11.18) 29:43.25(1:04.15)
18	Samuel Kosgei	Lamar	29:45.49	1:06.17(1:06.17) 2:16.00(1:09.83) 3:25.67(1:09.67) 4:35.78(1:10.12) 5:47.13(1:11.36) 6:58.94(1:11.82) 8:09.50(1:10.56) 9:21.89(1:12.39) 10:30.03(1:08.15) 11:40.33(1:10.31) 12:51.93(1:11.60) 14:03.15(1:11.23) 15:13.92(1:10.77) 16:25.45(1:11.54) 17:36.51(1:11.06) 18:47.40(1:10.89) 19:59.57(1:12.18) 21:11.01(1:11.45) 22:22.24(1:11.24) 23:36.29(1:14.05) 24:51.66(1:15.38) 26:07.65(1:15.99) 27:23.05(1:15.40) 28:38.02(1:14.98) 29:45.49(1:07.48)
19	Abraham Kutingala	Alabama	29:47.58	1:08.09(1:08.09) 2:17.39(1:09.30) 3:26.33(1:08.95) 4:36.72(1:10.39) 5:48.01(1:11.30) 7:00.18(1:12.17) 8:09.19(1:09.01) 9:22.31(1:13.12) 10:31.46(1:09.15) 11:40.64(1:09.18)

All Splits are taken from the common finishline



# NCAA Championships

June 10-13, 2009  
McDonnell Field  
Fayetteville, Arkansas

## Event 8 Men 10000m Run

### Round 1

				12:51.95(1:11.31) 14:03.25(1:11.31) 15:14.04(1:10.79) 16:25.68(1:11.65) 17:36.27(1:10.59) 18:47.70(1:11.44) 20:03.99(1:16.30) 21:14.35(1:10.36) 22:27.37(1:13.02) 23:41.70(1:14.34) 24:56.37(1:14.67) 26:11.11(1:14.75) 27:27.31(1:16.20) 28:38.21(1:10.91) 29:47.58(1:09.37)
20	Jon Grey	William & Ma	29:51.13	1:08.17(1:08.17) 2:18.10(1:09.94) 3:27.38(1:09.28) 4:36.86(1:09.49) 5:48.42(1:11.57) 7:00.83(1:12.41) 8:10.62(1:09.79) 9:23.14(1:12.53) 10:32.41(1:09.27) 11:41.79(1:09.38) 12:53.44(1:11.66) 14:05.04(1:11.60) 15:15.62(1:10.59) 16:27.52(1:11.90) 17:38.28(1:10.76) 18:50.70(1:12.43) 20:03.82(1:13.13) 21:16.90(1:13.08) 22:29.58(1:12.68) 23:43.67(1:14.09) 24:58.54(1:14.88) 26:13.93(1:15.40) 27:28.74(1:14.81) 28:42.38(1:13.64) 29:51.13(1:08.76)
21	Jeff Schirmer	S. Illinois	29:52.17	1:07.50(1:07.50) 2:17.21(1:09.71) 3:25.94(1:08.73) 4:36.18(1:10.25) 5:47.55(1:11.37) 6:59.73(1:12.18) 8:09.64(1:09.91) 9:21.58(1:11.95) 10:30.42(1:08.84) 11:40.55(1:10.14) 12:52.18(1:11.63) 14:03.41(1:11.24) 15:14.16(1:10.75) 16:25.91(1:11.76) 17:36.75(1:10.84) 18:47.93(1:11.19) 19:59.97(1:12.04) 21:11.40(1:11.43) 22:22.28(1:10.89) 23:36.55(1:14.27) 24:52.68(1:16.14) 26:10.95(1:18.27) 27:27.29(1:16.35) 28:41.46(1:14.18) 29:52.17(1:10.71)
22	Jake Schmitt	Washington	30:22.91	1:09.01(1:09.01) 2:18.71(1:09.71) 3:27.54(1:08.84) 4:37.65(1:10.11) 5:49.07(1:11.42) 7:00.10(1:11.04) 8:09.58(1:09.48) 9:22.07(1:12.50) 10:30.86(1:08.79) 11:40.77(1:09.92) 12:52.60(1:11.83) 14:04.36(1:11.76) 15:15.85(1:11.50) 16:27.89(1:12.04) 17:39.83(1:11.95) 18:54.44(1:14.61) 20:10.13(1:15.70) 21:27.82(1:17.70) 22:45.20(1:17.38) 24:04.08(1:18.89) 25:20.76(1:16.68) 26:36.64(1:15.89) 27:52.65(1:16.02) 29:07.36(1:14.71) 30:22.91(1:15.56)
23	Kiel Uhl	Iowa St.	31:09.61	1:08.80(1:08.80) 2:18.58(1:09.78) 3:27.84(1:09.27) 4:37.54(1:09.70) 5:49.29(1:11.75) 7:01.08(1:11.80) 8:10.18(1:09.11) 9:23.19(1:13.01) 10:33.16(1:09.97) 11:44.59(1:11.43) 12:58.13(1:13.54) 14:12.88(1:14.76) 15:27.70(1:14.83) 16:43.28(1:15.59) 17:59.24(1:15.96) 19:15.79(1:16.56) 20:32.74(1:16.95) 21:50.06(1:17.33) 23:09.21(1:19.15) 24:29.27(1:20.07) 25:48.82(1:19.55) 27:06.75(1:17.93) 28:25.36(1:18.62) 29:45.80(1:20.45) 31:09.61(1:23.81)
---	Diego Mercado	Oregon	DNF	1:08.52(1:08.52) 2:17.90(1:09.39) 3:27.15(1:09.25) 4:37.28(1:10.13) 5:48.82(1:11.55) 7:00.30(1:11.48) 8:10.41(1:10.12) 9:22.73(1:12.32) 10:31.85(1:09.12) 11:42.18(1:10.33) 12:56.73(1:14.56) 14:13.48(1:16.75) 15:32.99(1:19.51) 16:54.57(1:21.58) 18:20.51(1:25.95)
---	Dan Nunn	Georgetown	DNF	1:07.91(1:07.91) 2:17.78(1:09.88) 3:26.79(1:09.01) 4:36.90(1:10.11) 5:48.54(1:11.65) 7:00.77(1:12.23) 8:10.11(1:09.35) 9:22.67(1:12.56) 10:31.26(1:08.60) 11:41.00(1:09.74) 12:53.05(1:12.06) 14:05.49(1:12.44) 15:19.26(1:13.78) 16:35.90(1:16.65) 17:36.63(1:00.74) 19:59.63(2:23.00)
---	Yosef Ghebray	California	DNF	1:06.95(1:06.95) 2:18.33(1:11.38) 3:27.26(1:08.94) 4:37.42(1:10.17) 5:48.58(1:11.17) 6:59.45(1:10.87) 8:09.32(1:09.88) 9:21.72(1:12.40) 10:30.58(1:08.87) 11:40.47(1:09.90) 12:52.49(1:12.02) 14:04.09(1:11.61) 15:15.25(1:11.16) 16:27.23(1:11.98)

All Splits are taken from the common finishline

10:24:06PM 6/11/2009

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