

Hokie Invitational - 1/16/2009 to 1/17/2009**Rector Field House****Blacksburg, Virginia****Meet Program****Event 1 Women 60 Meter Dash****Top 8 Advance by Time****Friday 1/16/2009 - 5:00 PM**

Lane	Name	School	Seed Time
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Heat 1 of 4 Prelims

2	Galyn Iloka	Virginia	7.83
3	Shardae Anderson	UNC	7.62
4	Shanneka Claiborne	Norfolk Stat	7.50
5	Jessica Thomas	Charleston Sou	7.65
6	Ikeylah Brown	Coastal	7.57
7	Latayvia Jackson	Howard	8.18
8	Talia Wise	Virginia	7.75

Heat 2 of 4 Prelims

2	Shemelia Brandon	Radford	7.75
3	Jacinda Evans	UNC	7.63
4	Tyler Ford	UNC	7.63
5	Kristi Castlin	VT	7.54
6	Michaylin Golladay	Clemson	7.52
7	Kaylor Vaughn	Radford	8.25
8	Brittney Greer	Charleston Sou	7.80

Heat 3 of 4 Prelims

2	Gabrielle Daniel	NC State	7.90
3	Kristine Scott	Clemson	7.41
4	Tierra Flowers	Norfolk Stat	7.60
5	Leslie Aririguzo	VT	7.70
6	Marie Fields	George Mason	7.59
7	Misha Morris	Charleston Sou	7.70
8	Jasmine Wheeler	Coastal	7.86

Heat 4 of 4 Prelims

2	Lauren Montgomery	NC State	7.85
3	Ashley Bethune	Charlotte	7.59
4	Lamarra Currie	Charlotte	7.44
5	Chalonda Silver	Charlotte	7.61
6	Auja Pughsley	Florida Stat	7.69
7	Cheri Hodges	Norfolk Stat	7.70
8	Crystal Robinson	Coastal	7.97

Event 2 Women 200 Meter Dash**Saturday 1/17/2009 - 2:15 PM**

Lane	Name	School	Seed Time
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Section 1 of 7 Finals

3	Zoey Russell	UNC	24.25
4	Kristine Scott	Clemson	24.25
5	Tiara Swindell	George Mason	24.20
6	Lamarra Currie	Charlotte	23.90

Section 2 of 7 Finals

3	Dania Sanford	Norfolk Stat	24.50
4	Vanneisha Ivy	UNC	24.54
5	Dionne Gibson	Charleston Sou	24.40
6	Chalonda Silver	Charlotte	24.45

Section 3 of 7 Finals

3	Sirrell Butler	Charlotte	24.80
4	Abigail Johnson	Georgetown	24.80
5	Shanneka Claiborne	Norfolk Stat	24.60
6	1 Melissa Council	Unattached	24.61

Section 4 of 7 Finals

2	Auja Pughsley	Florida Stat	25.50
3	Shardae Anderson	UNC	24.93
4	Gabrielle Houston	Charleston Sou	24.90
5	Ryann Hendricks	George Mason	24.85
6	Talia Wise	Virginia	24.86

Section 5 of 7 Finals

2	Lily Kessinger	Wake Forest	27.60
3	Ayla Smith	Virginia	25.19
4	Misha Morris	Charleston Sou	25.00
5	Galyn Iloka	Virginia	24.99
6	Tierra Flowers	Norfolk Stat	25.00

Section 6 of 7 Finals

1	Natalie Moreland	Wake Forest	27.65
2	Mattie Betha	NC State	26.10
3	Jennifer Weatherly	Virginia	25.47
4	Crystal Robinson	Coastal	26.35
5	Lauren Montgomery	NC State	25.25
6	Shemelia Brandon	Radford	25.30

Section 7 of 7 Finals

1	Latayvia Jackson	Howard	26.91
2	Shanae Harris	Radford	26.58
3	Thomasena Smith	Coastal	26.43
4	Taryn Wentz	NC State	26.70
5	Jasmine Wheeler	Coastal	26.10
6	Erin Brooks	Wake Forest	25.85

Event 45 Women 300 Meter Dash**Friday 1/16/2009 - 8:45 PM**

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

3	Tiara Swindell	George Mason	38.70
4	Alex Coppadge	UNC	37.00
5	Cierra Mcgee	UNC	34.80
6	Danielle Brock	UNC	36.00

Section 2 of 6 Finals

2	2 Lela Nelson	Unattached	39.37
3	Gabrielle Houston	Charleston Sou	39.00
4	Dionne Gibson	Charleston Sou	38.70
5	Aunye Boone	VT	38.91
6	Kristi Castlin	VT	38.90

Section 3 of 6 Finals

2	Gabrielle Daniel	NC State	40.70
3	Toree Roseboro	Charlotte	40.15
4	Misha Morris	Charleston Sou	39.50
5	Erika Moses	Georgetown	39.00
6	Ebonie Cunningham	Charlotte	39.08

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2	Tacara Morrissey	Charlotte	41.20	_____
3	Leslie Aririguzo	VT	40.15	_____
4	Ogechi Nwaneri	VT	40.75	_____
5	Lauren Montgomery	NC State	39.80	_____
6	London Finley	Georgetown	40.15	_____

Section 5 of 6 Finals

2	Samantha Keenan	Coastal	41.04	_____
3	Jonecia Gates	George Mason	41.00	_____
4	Jennifer Weatherly	Virginia	41.30	_____
5	Kristina Chapman	Virginia	40.35	_____
6	Sarah Wernick	Georgetown	40.50	_____

Section 6 of 6 Finals

2	Taylor Graham	NC State	43.20	_____
3	Lily Kessinger	Wake Forest	42.67	_____
4	Asia Odum	George Mason	41.42	_____
5	Santresa Jamison	Coastal	42.01	_____
6	Ashley Potts	Coastal	41.98	_____

Event 3 Women 400 Meter Dash**Saturday 1/17/2009 - 1:00 PM****Lane Name School Seed Time****Section 1 of 7 Finals**

3	Zoey Russell	UNC	55.16	_____
4	Elizabeth Mott	UNC	54.81	_____
5	Lauren McNary	Howard	53.17	_____
6	Christine Johnson	UNC	54.90	_____

Section 2 of 7 Finals

3	Yvonna Hines	Charlotte	55.62	_____
4	Abigail Johnson	Georgetown	55.30	_____
5	1 Melissa Council	Unattached	55.21	_____
6	Nicole Castronuova	Wake Forest	55.56	_____

Section 3 of 7 Finals

3	Crystal Lawrence	George Mason	56.30	_____
4	Lauren Montgomery	NC State	56.30	_____
5	Kortnie Coleman	Charlotte	56.03	_____
6	Hshkeni Richemond	Florida Stat	56.30	_____

Section 4 of 7 Finals

3	Brittany Stephens	Howard	57.27	_____
4	Deidra Sanders	Georgetown	56.71	_____
5	Olivia Brown	Charlotte	56.55	_____
6	Dania Sanford	Norfolk Stat	57.00	_____

Section 5 of 7 Finals

2	Meagan Gillespie	Virginia	57.99	_____
3	Ogechi Nwaneri	VT	57.89	_____
4	Gabrielle Houston	Charleston Sou	57.60	_____
5	Gabrielle Daniel	NC State	57.30	_____
6	Allyssa Pickett	Norfolk Stat	57.80	_____

Section 6 of 7 Finals

2	Molly Fresher	Wake Forest	1:01.33	_____
3	Chidi Walsh	Charleston Sou	58.20	_____
4	Jonecia Gates	George Mason	59.00	_____
5	Auja Pughsley	Florida Stat	57.90	_____
6	Amerikorie Odey	Charleston Sou	58.20	_____

Section 7 of 7 Finals

2	Brandalyn Furr	NC State	1:01.00	_____
3	Azalia King	Howard	59.74	_____
4	Shaniqua Moore	Norfolk Stat	59.00	_____
5	Britney Whittaker	Radford	59.80	_____
6	Asia Odum	George Mason	59.62	_____

Event 46 Women 600 Meter Run**Friday 1/16/2009 - 8:10 PM****Lane Name School Seed Time****Section 1 of 3 Finals**

3	Shakirra Pinnock	VT	1:31.00	_____
4	Asia Washington	VT	1:30.77	_____
5	Meagan Gillespie	Virginia	1:29.00	_____
6	Lindsay Harper	Virginia	1:31.00	_____

Section 2 of 3 Finals

2	Gabby Gioia	UNC	1:36.00	_____
3	Alexandra Gove	Wake Forest	1:35.20	_____
4	Kim Vos	Wake Forest	1:34.30	_____
5	Renee Tomlin	Georgetown	1:34.00	_____
6	Shanice Jones	Charlotte	1:34.50	_____

Section 3 of 3 Finals

2	Christina Zink	George Mason	1:37.00	_____
3	Britney Whittaker	Radford	1:36.50	_____
4	Cecily Young	Charlotte	1:36.50	_____
5	Taylor Williams	VT	1:39.09	_____
6	Shannon Stuckman	Florida Stat	1:40.00	_____

Event 4 Women 800 Meter Run**Saturday 1/17/2009 - 1:45 PM****Lane Name School Seed Time****Section 1 of 3 Finals**

1	Avril Ogrodnick	Georgetown	2:11.50	_____
2	Lauren Borduin	Georgetown	2:10.00	_____
3	Jennifer Chichester	Norfolk Stat	2:12.00	_____
4	Callie Pottinger	UNC	2:09.22	_____
5	Molly Binder	Wake Forest	2:12.90	_____
6	Tasha Stanley	UNC	2:11.16	_____
7	Laura Rapp	Wake Forest	2:13.00	_____
8	Aja Jackson	Charlotte	2:07.39	_____

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1	Jackie Ross	Charlotte	2:15.12	_____
2	Kimmy Moss	George Mason	2:18.00	_____
3	Christine Whalen	Georgetown	2:14.70	_____
4	Cate Berenato	Wake Forest	2:16.00	_____
5	Jami Hardy	Howard	2:13.67	_____
6	Christina Hobbs	Charlotte	2:18.20	_____
7	Monique Mckenzie	George Mason	2:18.00	_____

Section 3 of 3 Finals

1	Jennie Pernisi	Lynchburg	2:25.00	_____
2	Ashlyn Sinclair	Radford	2:25.00	_____
3	Rachel Travitz	Radford	2:25.00	_____
4	Tamila Myles	Howard	2:29.12	_____
5	Halsey Sinclair	Radford	2:25.00	_____
6	Ashley Meyer	Lynchburg	2:24.00	_____

Event 43 Women 1000 Meter Run**Friday 1/16/2009 - 7:40 PM**

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>	
Section 1 of 2 Finals			
1	Christal Washington	Florida Stat	2:49.00 _____
2	Avril Ogradnick	Georgetown	2:50.60 _____
3	Callan Fike	UNC	2:58.00 _____
4	Lilla Fordos	Clemson	2:59.00 _____
5	Molly Binder	Wake Forest	2:57.85 _____
6	Candace Johnson	Clemson	2:58.00 _____
7	Maggie Infeld	Georgetown	2:48.00 _____
8	Amanda Walsh	Georgetown	2:57.20 _____

Section 2 of 2 Finals

1	Erin Macauley	Charlotte	3:08.00	_____
2	Jackie Merrick	VT	3:05.00	_____
3	Ashlyn Sinclair	Radford	3:03.00	_____
4	Cate Berenato	Wake Forest	3:00.00	_____
5	Nicole Quagliana	Charlotte	3:10.00	_____
6	Kristy Longman	UNC	3:00.00	_____
7	Tricia Brown	Charlotte	3:08.00	_____
8	Halsey Sinclair	Radford	3:03.00	_____
9	Laura Rapp	Wake Forest	3:00.00	_____
10	Candice Sapp	Clemson	3:04.00	_____

Event 5 Women 1 Mile Run**Saturday 1/17/2009 - 12:30 PM**

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>	
Section 1 of 2 Finals			
1	Laura Mccary	Charlotte	5:14.00 _____
2	Renee Tomlin	Georgetown	4:51.50 _____
3	Ashley Hodges	Howard	4:59.12 _____
4	Joanie Castagno	Clemson	5:14.00 _____
5	Marcie Sobrinski	Georgetown	4:56.00 _____
6	Megan Durkee	Virginia	5:10.00 _____
7	Kristin Mitchell	Charlotte	5:09.79 _____
8	Samantha Stafford	Virginia	5:08.00 _____
9	Callan Fike	UNC	4:56.00 _____
10	Katie Mcafferty	Georgetown	4:52.00 _____
11	Lauren Gregory	Georgetown	4:52.00 _____
12	Kristy Longman	UNC	5:00.00 _____

Section 2 of 2 Finals

1	Sam Fickel	George Mason	5:35.00 _____
2	Brittany Jackson	Howard	5:30.05 _____
3	Lilla Fordos	Clemson	5:20.00 _____
4	Kelly Doescher	Lynchburg	5:35.00 _____
5	Brittany Christian	Radford	5:25.00 _____
6	Brittany Owens	Charleston Sou	5:35.00 _____
7	Syedda Gee	Norfolk Stat	5:15.00 _____
8	Jennie Pernisi	Lynchburg	5:20.00 _____
9	Jaimie Lull	Lynchburg	5:24.00 _____
10	Katie Harris	George Mason	5:45.00 _____
11	Christina Richards	Wake Forest	5:15.00 _____
12	Suzie Clinchy	Wake Forest	5:27.00 _____
13	Tara Connor	Radford	5:20.00 _____
14	Jamia Hutto	Norfolk Stat	5:20.00 _____

Event 6 Women 3000 Meter Run**Saturday 1/17/2009 - 3:00 PM**

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>	
Section 1 of 1 Finals			
1	Tia Miles	Norfolk Stat	10:40.00 _____
2	Jamia Hutto	Norfolk Stat	10:50.00 _____
3	Justine Thompson	Charlotte	10:45.00 _____
4	Lauren Holesh	UNC	9:35.00 _____
5	Emily Infeld	Georgetown	9:46.00 _____
6	Kelsey Malmquist	Georgetown	9:51.00 _____
7	Lori Crotts	Radford	10:30.00 _____
8	Syedda Gee	Norfolk Stat	10:50.00 _____
9	Natasha Labeaud	Georgetown	9:45.00 _____
10	Anna Corrigan	Virginia	10:30.00 _____
11	Ashley Hodges	Howard	10:30.50 _____
12	Katherine Griffith	George Mason	12:15.00 _____
13	Alicia York	George Mason	11:30.00 _____
14	Casey Fowler	Wake Forest	10:50.00 _____
15	Maggie Infeld	Georgetown	9:46.00 _____
16	Liana Blue	Charlotte	10:27.81 _____
17	Kailyn Lockie	George Mason	11:45.00 _____

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Event 7 Women 5000 Meter Run**Friday 1/16/2009 - 9:25 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Brittany Owens	Charleston Sou	19:45.00
2	Emily Harris	Charlotte	19:10.00
3	Elizabeth Smith	George Mason	20:00.00
4	Amanda Blankenship	Concord	19:00.00
5	Lindsey Keller	Charlotte	20:10.00
6	Lana Soltan	Charlotte	18:55.00
7	Tabatha Whited	Concord	20:00.00

Event 8 Women 60 Meter Hurdles**Top 8 Advance by Time****Friday 1/16/2009 - 5:35 PM**

Lane	Name	School	Seed Time
Heat 1 of 6 Prelims			
1	Taylor Graham	NC State	9.25
2	Alexandra Gove	Wake Forest	8.88
3	Ashley Bethune	Charlotte	8.58
4	Kristi Castlin	VT	8.09
5	Lanaire Lindo	Charlotte	8.57
6	Kristina Chapman	Virginia	8.83
7	Mattie Bethea	NC State	9.19

Heat 2 of 6 Prelims

1	Samantha Howell	Wake Forest	9.41
2	Janelle Wallace	Howard	9.01
3	Waneta Kirby	Norfolk Stat	8.75
4	Landria Buckley	Howard	8.45
5	Leauna Sistrunk	Coastal	8.47
6	Buky Bamigboye	Georgetown	8.76
7	Autumn Touchstone	Georgetown	9.02
8	Lindsey Noe	Radford	9.45

Heat 3 of 6 Prelims

1	Taryn Wentz	NC State	9.40
2	Taylor Williams	VT	8.90
3	Caroline Vaughn	Wake Forest	8.67
4	Teona Rodgers	Florida Stat	8.43
5	Leslie Aririguzo	VT	8.49
6	London Finley	Georgetown	8.76
7	Gabby Gioia	UNC	9.06
8	Devon Andersen-farmer	Radford	9.64

Heat 4 of 6 Prelims

1	Brandalyn Furr	NC State	9.25
2	Jessica Houston	Coastal	8.89
3	Liane Weber	Clemson	8.65
4	Vanneisha Ivy	UNC	8.17
5	Sunita Brathwaite	Charlotte	8.56
6	Alaina Hite	Norfolk Stat	8.80
7	Amerikorie Odey	Charleston Sou	9.15

Heat 5 of 6 Prelims

1	Kandisa Allicock	Coastal	9.25
2	Alexandria Lemonious	Howard	8.89
3	Victoria Faulkner	Norfolk Stat	8.65
4	4 Patricia Mamona	Clemson	8.29
5	2 Lela Nelson	Unattached	8.54
6	Asia Odum	George Mason	8.80
7	Danielle Brock	UNC	9.12

Heat 6 of 6 Prelims

1	Jonecia Gates	George Mason	9.30
2	Chidi Uche	Virginia	8.90
3	Asia Washington	VT	8.67
4	Ayla Smith	Virginia	8.40
5	Michaylin Golladay	Clemson	8.50
6	Lauren Echko	Virginia	8.78
7	Chidi Walsh	Charleston Sou	9.10

Event 9 Women 4x400 Meter Relay**Saturday 1/17/2009 - 3:45 PM**

Lane	Team	Relay	Seed Time
Section 1 of 5 Finals			
3	Georgetown		3:44.00
4	Charlotte		3:43.00
5	UNC		3:41.00
6	Clemson		3:43.00
Section 2 of 5 Finals			
3	Howard		3:45.23
4	Wake Forest		3:46.50
5	VT		3:47.00
6	VT	B	3:47.00
Section 3 of 5 Finals			
2	Norfolk Stat		3:53.00
3	Charleston Sou		3:50.00
4	Florida Stat		3:48.00
5	Virginia		3:48.00
6	George Mason		3:50.00
Section 4 of 5 Finals			
2	Wake Forest	B	4:02.00
3	Coastal	B	3:58.10
4	Coastal		3:57.30
5	Charlotte	B	3:53.00
6	Georgetown	B	3:55.00
Section 5 of 5 Finals			
2	Lynchburg	B	4:20.00
3	George Mason	B	4:10.00
4	Radford		4:18.26
5	Charleston Sou	B	4:05.00
6	Howard	B	4:12.00

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Event 10 Women Distance Medley**Friday 1/16/2009 - 6:30 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Virginia		11:48.00 _____
2	George Mason		12:45.00 _____
3	VT		11:55.00 _____
4	Wake Forest		12:15.00 _____
5	VT	B	12:19.00 _____
6	Norfolk Stat		12:00.00 _____
7	Charlotte	B	12:15.00 _____
8	Charlotte		11:48.00 _____
9	Georgetown		11:28.00 _____

Event 11 Women High Jump**Saturday 1/17/2009 - 9:00 AM****Progression:1.65-1.70-1.75-1.78-1.81-1.84**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Sara Fox	Charlotte	1.55m _____
2	Bridgette Copeland	Charleston Sou	1.57m _____
3	Christi English	Charleston Sou	1.57m _____
4	Devon Andersen-farmer	Radford	1.58m _____
5	Kallyn Falvo	Charlotte	1.58m _____
6	Nichole Roseberry	Radford	1.58m _____
7	Ashley Potts	Coastal	1.60m _____
8	Gabby Gioia	UNC	1.62m _____
9	Sequoya Casey	Charleston Sou	1.62m _____
10	Tanisha Jenkins	Norfolk Stat	1.63m _____
11	Alexandria Mckee	Howard	1.63m _____
12	Kaylor Vaughn	Radford	1.63m _____
13	Callie Hlavin	Virginia	1.63m _____
14	Danielle Brown	Charlotte	1.63m _____
15	Samantha Howell	Wake Forest	1.65m _____
16	Katie Trizna	Virginia	1.65m _____
17	Assiatu Williams	Virginia	1.65m _____
18	Kierra Gabe	Coastal	1.67m _____
19	Kandisa Allicock	Coastal	1.67m _____
20	Katie Farnan	Clemson	1.68m _____
21	Alex Coppadge	UNC	1.70m _____
22	Jonee Artis	Norfolk Stat	1.70m _____
23	She Anna Mitchell	Norfolk Stat	1.70m _____
24	Anastacia Wilson	Clemson	1.73m _____
25	Danielle Williams	Florida Stat	1.75m _____
26	Mattie Bethea	NC State	1.75m _____

Event 12 Women Pole Vault**Saturday 1/17/2009 - 11:00 AM****Progression:3.36 (11-.25)-3.51-3.66-3.81-3.96-4.06-4.14-4.20**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Lauren Giffin	Florida Stat	3.60m _____
2	Emily Barlage	Clemson	3.65m _____
3	Amy Morrison	Clemson	3.70m _____
4	Liz Mabry	Florida Stat	3.70m _____
5	Abby Sutton	Florida Stat	3.70m _____
6	Caitlin Thornley	VT	3.80m _____
7	Tori Allen	Florida Stat	3.80m _____
8	Abby Kimball	UNC	3.81m _____
9	Lisa Birnbaum	VT	3.90m _____
10	Abigail Schaffer	VT	4.00m _____
11	Callie Giffin	Florida Stat	4.00m _____
12	Erin Mahony	Unattached	4.14m _____

Event 54 Women Pole Vault Unseeded**Friday 1/16/2009 - 5:00 PM****Progression:2.91(9-6.5)-3.11-3.31-3.51-3.66-3.81-3.96-4.06-4.14**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Andrea Sanders	Norfolk Stat	2.87m _____
2	Candace Shoates	Norfolk Stat	3.03m _____
3	Megan Boivin	Charlotte	3.05m _____
4	Shannon Garzoni	Charlotte	3.05m _____
5	Mary Lawrence	Coastal	3.20m _____
6	Marci Veitch	Coastal	3.20m _____
7	Katie Wright	Norfolk Stat	3.21m _____
8	Lindsey Noe	Radford	3.22m _____
9	Hillary Parsons	Virginia	3.30m _____
10	Makenzie Mullinax	Charlotte	3.35m _____
11	Katie Darraugh	Virginia	3.45m _____
12	Michelle Lange	Wake Forest	3.66m _____
13	Caroline Kennedy	Clemson	3.90m _____

Event 13 Women Long Jump**Saturday 1/17/2009 - 12:00 PM****Minimum Mark- 5.50**

Pos	Name	School	Seed Mark
Flight 1 of 3 Finals			
1	Samantha Howell	Wake Forest	5.20m _____
2	Marisa Dickey	Charlotte	5.31m _____
3	Kaylor Vaughn	Radford	5.33m _____
4	Patria Norman	Charleston Sou	5.40m _____
5	Thomasena Smith	Coastal	5.48m _____
6	Bridgette Copeland	Charleston Sou	5.48m _____
7	Caroline Vaughn	Wake Forest	5.49m _____
8	Jessica Houston	Coastal	5.50m _____
9	Taryn Wentz	NC State	5.52m _____

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Flight 2 of 3 Finals...(Event 13 Women Long Jump)

1	Erin Brooks	Wake Forest	5.52m	_____
2	Sequoya Casey	Charleston Sou	5.56m	_____
3	Ayla Smith	Virginia	5.63m	_____
4	Arielle Miller	Coastal	5.65m	_____
5	Alexandria Lemonious	Howard	5.65m	_____
6	Michaylin Golladay	Clemson	5.70m	_____
7	Danielle Brown	Charlotte	5.74m	_____
8	Shemelia Brandon	Radford	5.79m	_____
9	Grace Mavugara	George Mason	5.80m	_____
10	Mattie Bethea	NC State	5.80m	_____

Flight 3 of 3 Finals

1	Chia Hudson	George Mason	5.80m	_____
2	Janet Brown	Norfolk Stat	5.85m	_____
3	Waneta Kirby	Norfolk Stat	5.89m	_____
4	Danielle Brock	UNC	5.89m	_____
5	Rashawnda James	Virginia	5.90m	_____
6	Liane Weber	Clemson	5.95m	_____
7	Tyler Ford	UNC	6.00m	_____
8	Buky Bamigboye	Georgetown	6.02m	_____
9	April Sinkler	Clemson	6.15m	_____
10	Jacinda Evans	UNC	6.17m	_____
11	Ryann Hendricks	George Mason	6.20m	_____
12	4 Patricia Mamona	Clemson	6.23m	_____
13	Pat Springs	Charlotte	6.27m	_____
14	Kimberly Williams	Florida Stat	6.30m	_____
15	2 Lela Nelson	Unattached	6.52m	_____

Event 14 Women Triple Jump**Friday 1/16/2009 - 5:00 PM****Minimum Mark- 11.65**

Pos	Name	School	Seed Mark	
Flight 1 of 2 Finals				
1	Leauna Sistrunk	Coastal	10.57m	_____
2	Mercedes Barnett	Charlotte	11.00m	_____
3	Kierra Gabe	Coastal	11.10m	_____
4	Sara Fox	Charlotte	11.34m	_____
5	Christi English	Charleston Sou	11.40m	_____
6	Sequoya Casey	Charleston Sou	11.50m	_____
7	Bridgette Copeland	Charleston Sou	11.53m	_____
8	Ashanti Matthews	Norfolk Stat	11.68m	_____
9	Assiatu Williams	Virginia	11.70m	_____
10	Arielle Miller	Coastal	11.75m	_____
11	Alaina Hite	Norfolk Stat	11.80m	_____
12	Tanisha Jenkins	Norfolk Stat	11.89m	_____
13	Janet Brown	Norfolk Stat	12.00m	_____

Flight 2 of 2 Finals

1	Shemelia Brandon	Radford	12.00m	_____
2	Rashawnda James	Virginia	12.30m	_____
3	Michelle Newman	UNC	12.31m	_____
4	Chia Hudson	George Mason	12.35m	_____
5	Erin Brooks	Wake Forest	12.36m	_____
6	Danielle Brown	Charlotte	12.43m	_____
7	Grace Mavugara	George Mason	12.70m	_____
8	Ryann Hendricks	George Mason	12.90m	_____
9	April Sinkler	Clemson	13.00m	_____
10	4 Patricia Mamona	Clemson	13.08m	_____
11	Kimberly Williams	Florida Stat	13.80m	_____

Event 15 Women Shot Put**Saturday 1/17/2009 - 2:00 PM****Minimum Mark- 12.30**

Pos	Name	School	Seed Mark	
Flight 1 of 2 Finals				
1	Shana Caballes	Charlotte	9.38m	_____
2	Kyla Cook	Georgetown	10.88m	_____
3	Porter Watkins	Georgetown	11.05m	_____
4	Sharonda Bailey	Charlotte	11.17m	_____
5	Taryn Wentz	NC State	11.24m	_____
6	Caitlin Van Dodewaard	Charlotte	11.56m	_____
7	Aimee Veatch	Radford	11.75m	_____
8	Sarah Brobeck	Wake Forest	12.00m	_____
9	Brittany Conner	Coastal	12.30m	_____
10	Sophia Coleburn	Virginia	12.80m	_____
11	Caitlin Kelly	Virginia	12.80m	_____
12	Janet Brown	Norfolk Stat	12.80m	_____
13	Norjai Palma	UNC	12.82m	_____
Flight 2 of 2 Finals				
1	Victoria Faulkner	Norfolk Stat	12.88m	_____
2	Tanore Barrow	Georgetown	13.62m	_____
3	Erin Wykoff	Virginia	14.00m	_____
4	Maureen Laffan	Virginia	14.00m	_____
5	Kim Warren	UNC	14.25m	_____
6	Rebecca Obrien	UNC	14.33m	_____
7	Erika Schroeder	VT	15.15m	_____
8	Lawanda Henry	NC State	15.51m	_____
9	Kamorean Hayes	Florida Stat	16.15m	_____

Hokie Invitational - 1/16/2009 to 1/17/2009
Rector Field House
Blacksburg, Virginia
Meet Program

Event 16 Women Weight Throw**Friday 1/16/2009 - 7:00 PM****Minimum Mark- 14.00**

Pos	Name	School	Seed Mark	
Flight 1 of 2 Finals				
1	Shana Caballes	Charlotte	11.88m	_____
2	Tiphani Harris	Norfolk Stat	12.29m	_____
3	Caitlin Van Dodewaard	Charlotte	12.60m	_____
4	Julie Tripson	George Mason	12.66m	_____
5	Cate Hansing	Wake Forest	12.87m	_____
6	Sarah Brobeck	Wake Forest	13.25m	_____
7	Carmen Green	Wake Forest	13.42m	_____
8	Whitney King	Radford	14.00m	_____
9	Zakiyyah Stewart	Coastal	14.06m	_____
10	Tia Habbersham	Charleston Sou	14.26m	_____
11	Callan Robin	Coastal	14.35m	_____
12	Norjai Palma	UNC	14.79m	_____
Flight 2 of 2 Finals				
1	Brittany Conner	Coastal	15.00m	_____
2	Tiana Thorpe	NC State	15.10m	_____
3	Sharonda Bailey	Charlotte	15.11m	_____
4	Erin Wykoff	Virginia	15.40m	_____
5	Aimee Veatch	Radford	15.50m	_____
6	Coleman Caila	Florida Stat	16.15m	_____
7	Brittany McCain	NC State	16.53m	_____
8	Nicole Lomnicka	Clemson	16.69m	_____
9	Dorotea Habazin	VT	18.10m	_____
10	Lawanda Henry	NC State	18.24m	_____