

2008 Duke Asics Invitational Track & Field Meet

Final Schedule of Events

Friday, April 4th

Field Events:

Noon	Hammer Throw (Men) Minimum Measurement: 170'
Noon	High Jump (Men) Starting Height: 6'6"
1:00pm	Triple Jump (Women) Minimum Measurement: 37' (Women)
3:00pm	Pole Vault (Women) Starting Height: 10'
3:30pm	Hammer Throw (Women) Minimum Measurement: 150'
4:30pm	Triple Jump (Men) Minimum Measurement: 47'
6:30pm	Javelin (Men) Minimum Measurement: 170'

Track Events:

12:00pm	400m – Develop. (Men)
12:45pm	400m – Develop. (Women)
1:10pm	200m – Develop. (Men)
1:40pm	200m – Develop. (Women)
2:15pm	1,500m – Develop. (Men)
3:00pm	1,500m – Develop. (Women)
3:45pm	400m Hurdles – Develop (Men)
4:10pm	400m Hurdles – Develop (Women) <i>(Note: Men go first in development 400m Hurdles)</i>
4:30pm	400m Hurdles (Women)
4:45pm	400m Hurdles (Men)
5:00pm	1,500m (Women)
5:25pm	1,500m (Men)
5:50pm	3,000m (Women)
6:05pm	3,000m (Men)
6:20pm	5,000m (Men) "C"
6:40pm	5,000m (Women) "B"
7:00pm	5,000m (Men) "B"
7:20pm	5,000m (Women) "A"
7:40pm	5,000m (Men) "A"
8:00pm	10,000m (Women)
8:45pm	10,000m (Men)
9:20pm	5,000m (Men) "D"

Note: All Field events will have first legal mark measured!

Saturday, April 5th

Field Events:

9:00am	Discus (Women): Minimum Measurement: 130'
9:30am	High Jump (Women) Starting Height: 5'4"
10:00am	Shot Put (Men) Minimum Measurement: 48'
10:00am	Long Jump (Women) Minimum Measurement: 28'
Noon	Pole Vault (Men) Starting Height: 15'
1:30pm	Discus (Men) Minimum Measurement: 145'
2:00pm	Shot Put (Women) Minimum Measurement: 39'
2:30pm	Long Jump (Men) Minimum Measurement: 22'
3:00pm	Javelin (Women) Minimum Measurement: 120'

Track Events:

9:00am	5,000m (Women) "C"
9:30am	Developmental 800m (Women)
10:00am	Developmental 800m (Men)
10:30am	100m Trials (Women) – All Heats
10:55am	100m Trials (Men) – All Heats
11:20am	100m Hurdle Trials (Women) – All Heats
11:50am	110m Hurdle Trials (Men) – All Heats
12:20pm	200m (Women)
12:40pm	200m (Men)
1:00pm	Lunch Break
1:45pm	800m (Women)
2:00pm	Jason Manse 800m (Men)
2:15pm	4 x 100m Relay (Women)
2:30pm	4 x 100m Relay (Men)
2:45pm	400m (Women)
3:00pm	400m (Men)
3:20pm	100m Final (Women)
3:25pm	100m Final (Men)
3:35pm	110m Hurdle Final (Men)
3:45pm	100m Hurdle Final (Women)
4:00pm	3,000m Steeplechase (Women)
4:30pm	3,000m Steeplechase (Men)
5:00pm	4 x 400m Relay (Women)
5:25pm	4 x 400m Relay (Men)
5:50pm	4 x 800m Relay (Men)