

Raleigh Relays - 3/24/2006 to 3/25/2006
North Carolina State University
Paul Derr Track, Raleigh, NC
Meet Program - Friday

Event 118 Men 10000 Meter Run # II Unseeded
Friday 3/24/2006 - 10:00 AM

Unseeded Morning 10K 30:55 and Slower

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Dan Moschella	New York Uni	_____
2	Jesse Schneider	New York Uni	_____
3	Chris Geddis	Slippery Roc	_____
4	Seth Kampf	Miami	_____
5	Mike Bridenbaugh	Carnegie Mel	_____
6	Curtis Larimer	Pittsburgh	_____
7	Dave Wishert	Syracuse	_____
8	Josh Yeckering	Austin Peay	_____
9	Steve Gonzalez	Pittsburgh	_____
10	Dan Simpson	Heidelberg	_____
11	Kevin Stone	Belmont	_____
12	Larry Contrella	Pennsylvania	_____
13	Jesse Cherry	High Point U	_____
14	Jeremy Helf	Campbell	_____
15	Matt Logie	Mt St Mary's	_____
16	Andrew Frederickson	Carnegie Mel	_____
17	Jeremy Wysocki	Heidelberg	_____
18	Justin Baum	Malone Colle	_____
19	Jake Morris	Coastal Caro	_____
20	Blair Teal	App State	_____
21	Sammy Shaw	Belmont	_____
22	Andrew Lewis	Johns Hopkin	_____
23	Timmy Supplee	Coastal Caro	_____
24	Clark Richter	Albion Colle	_____
25	Jeremy Williams	Georgia Stat	_____
26	Wes Hutcherson	Georgia Stat	_____
27	Paul Stoltzfus	App State	_____
28	Dustin Bauer	Mt St Mary's	_____
29	Lucas Wright	Radford	_____
30	Ben Rickey	VCU	_____
31	Brian McNeil	Unattached	_____
32	Jared Hill	Unattached	_____
33	Brett Howell	UNA-Run For Y	_____

14	Jen Oreck	Campbell	_____
15	Whitney Thurman	Vanderbilt	_____
16	Carmen Mims	Vanderbilt	_____
17	Katie Simon	Syracuse	_____
18	Jamie Babb	Austin Peay	_____
19	Meghan Rowcliffe	Syracuse	_____
20	Kate Hedley	Charleston	_____
21	Melissa Nash	Bentley Coll	_____
22	Claire Steinke	S. Dakota St	_____
23	Gladys Thompson	Norfolk Stat	_____
24	Alyse Nelson	Campbell	_____
25	Ellen Knopf	Cincinnati	_____
26	Krystal Medlin	Hampton Univ	_____
27	Jitka Vaculikova	Hampton Univ	_____
28	laura kaplan	Belmont	_____
29	Ashley Thomas	Malone Colle	_____
30	Sarah Massenburg	Charleston	_____
31	Monica Bhattacharjee	Pittsburgh	_____
32	Gina DiAntonio	Akron	_____
33	Jennifer Patton	Frostburg St	_____
34	Charmaine Darden	Hampton Univ	_____
35	Allison Behrle	Delaware	_____
36	Emily Hulse	Brevard	_____
37	Rachel Botham	Pittsburgh	_____
38	Christina Ricketts	Findlay	_____
39	Cetera Bunche	Hampton Univ	_____
40	Carrie Crofford	Eastern Kent	_____
41	Samantha Herdrich	Findlay	_____
42	Stephanie Maltais	UNC Greensbo	_____
43	Vicky Jones	Eastern Kent	_____
44	Mary Ann Rutz	UNC Greensbo	_____
45	Danielle Deines-Raduly	Brevard	_____
46	Sarah Bowman	Tennessee	_____
47	Sarah Terry	Queens	_____
48	Christi Carter	Queens	_____
49	Felicia Guliford	Tennessee	_____
50	Naomi D'Amours	UNC Greensbo	_____
51	Alli McMaster	Eastern Kent	_____
52	Tessa Dispennette	UNC Greensbo	_____
53	Kristina Lanphear	Charleston	_____
54	Marielle Glanz	Youngstown	_____

Event 107 Women 5000 Meter Run # III Unseeded
Friday 3/24/2006 - 10:45 AM

Unseeded Morning 5k 18:00 and slower

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Mary Clare Parrott	La Salle Uni	_____
2	Elena Helmerick	NC State	_____
3	Claire Percival	Penn State	_____
4	Claire Berryman	Penn State	_____
5	Heather Atkins	East Tennes	_____
6	Janelle Young	Penn State	_____
7	Elaine Binkley	Denison	_____
8	Aspen Foster	James Madiso	_____
9	Caity Schneider	Malone Colle	_____
10	Aubrey Bergquist	Coastal Caro	_____
11	Melissa Reyes	Unattached	_____
12	Shannon Capps	Vanderbilt	_____
13	Rebekah Genter	Malone Colle	_____

Event 117 Men 5000 Meter Run # III&IV Unseeded
Friday 3/24/2006 - 11:10 AM

Unseeded Morning 5k 14:36.00 and Slower

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	Ben McGlothlin	Belmont	_____
2	Dawit Legesse	Radford	_____
3	Adam Bray	una-run-insi	_____
4	Adam Bray	UNA-Run For Y	_____
5	Zach Castilgione	Miami	_____
6	Blair Paul	Coastal Caro	_____
7	Christopher Pfaffenroth	Unattached	_____
8	Ryan Kienzle	Malone Colle	_____
9	Jeremy Boehm	Edinboro	_____
10	Dave Niemira	Edinboro	_____
11	Josh Arthur	Edinboro	_____
12	Johnny Mitchell	Coastal Caro	_____
13	Nik Schweikert	Malone Colle	_____

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14	Brian Deal	App State	_____	34	Jacob Fortney	Eastern Kent	_____
15	Brock Baker	North Caroli	_____	35	Brian Smith	Buffalo	_____
16	Kyle Schmid	Delaware	_____	36	Ware Smalley	Unattached	_____
17	Matt Gambale	Virginia	_____	37	Jason Dijkema	Eastern Kent	_____
18	Joel Conn	Wake Forest	_____	38	Doug Bosin	Albion Colle	_____
19	Will Williams	Virginia	_____	39	jason gish	UNA-West Sho	_____
20	Bobby Reyes	UNA-Oil Hill	_____	40	Bryan Buchanan	Eastern Kent	_____
21	Dana Irrer	Carnegie Mel	_____	41	Craig Swisher	Raleigh Runn	_____
22	Andrew Leonard	Buffalo	_____	42	Frank Moxie	California o	_____
23	Xavier Rutz	UNC Greensbo	_____	43	Max Gustaitis	Charleston	_____
24	Matt Lawson	Syracuse	_____	44	David Saltz	Findlay	_____
25	Dave Wishert	Syracuse	_____	45	Ryne Sexton	Austin Peay	_____
26	John Dixon	Cincinnati	_____	46	Ryan Connelly	Queens	_____
27	Tim Kaiser	Louisville	_____	47	Fogg Nicholas	Unattached	_____
28	Ryan Woodlee	Miami	_____	48	David Pleines	Queens	_____
29	Danel Slaydon	High Point U	_____	49	Aubrey Darnell	Charleston	_____
30	Andrew Chuplis	Miami	_____	50	Jesse McEntire	Brevard	_____
31	Jon Scheiner	Miami	_____	51	Dan Nemergut	Youngstown	_____
32	Brad Polley	Belmont	_____	52	Randall Wilcox	Albion Colle	_____
33	Asmeron Desta	App State	_____	53	Ross Kimball	Unattached	_____
34	Tim Young	James Madiso	_____	54	Michael Rella	Charleston	_____
35	James Printz	James Madiso	_____	55	Robbie Howell	Unattached	_____
36	Brent Rogus	Duquesne	_____	56	John Young	Charleston	_____
37	Shane Sarver	Duquesne	_____	57	Dakota Lowery	Unattached	_____
38	Andrew Waring	James Madiso	_____	58	Mike O'Connor	California o	_____
39	Brian Crispell	UNA-Philadel	_____	59	Matt Owen	Brevard	_____
40	Brian Buckland	James Madiso	_____	60	Terence Baptiste	Hampton Univ	_____
Section 2 of 2 Finals				61	Neal King	California o	_____
1	Anthony Vitale	Bentley Coll	_____	62	Mike Bumpus	Unattached	_____
2	Stephen Walsh	Boston Colle	_____	63	Ben Sherard	Charleston	_____
3	Benjamin Torvik	Syracuse	_____	64	Jim Alexander	Charleston	_____
4	John Compton	Wake Forest	_____	65	Harrison Vicini	Brevard	_____
5	James Brady	Bentley Coll	_____	66	Nathan Attard	Charleston	_____
6	Stephan Ramirez	Bentley Coll	_____	67	George Tozer	Charleston	_____
7	Fredrick Smith	Clafin Univ	_____	68	Tim Panneri	Brevard	_____
8	Paul Jones	Raleigh Runn	_____	69	Mike Andreski	Findlay	_____
9	Kevin Taylor	Raleigh Runn	_____	70	Nick Gunns	Unattached	_____
10	Peter Sercer	Hillsdale Co	_____	Event 37 Men Discus Throw			
11	Trey Miller	Unattached	_____	Friday 3/24/2006 - 10:00 AM			
12	Verrelle Taylor	Campbell	_____	Minimum Mark: 45.72m			
13	Alex Paley	Miami	_____	First Two Flights go directly to final,			
14	Patrick Brandon	Johns Hopkin	_____	Pos	Name	School	Seed Mark
15	Andrew Van Nurden	S. Dakota St	_____	Flight 1 of 3 Finals			
16	Kyle Loundsbury	High Point U	_____	1	Marquis Poteat	Shaw	_____
17	Tim Hall	Austin Peay	_____	2	Vincent Cossuto	Southern Con	_____
18	Brandon King	Hampton Univ	_____	3	Chris Crawford	NC State	_____
19	Keith Gruchacz	UNC Greensbo	_____	4	Jonathon Wilson	California o	_____
20	Christopher Clark	Clafin Univ	_____	5	Zach DiBois	Citadel	_____
21	Chuck Laderer	Buffalo	_____	6	Randy Kochik	California o	_____
22	Jason Williams	High Point U	_____	7	Sean Donahoe	S. Dakota St	_____
23	Josh Wyatt	UNC Greensbo	_____	8	Stephen Bachman	Pennsylvania	_____
24	Jay Puffpaff	Albion Colle	_____	9	Jeff Cretella	Southern Con	_____
25	Brian Mcauley	New York Uni	_____	10	Alex Croskey	Citadel	_____
26	Joseph Lesniak	Boston Colle	_____	11	Adam Kielinski	Pittsburgh	_____
27	David Emerson	Boston Colle	_____	12	Dan Miller	Mt St Mary's	_____
28	Mark Alizzi	Boston Colle	_____	13	Marlon Powells	Norfolk Stat	_____
29	Partick McRay	Clafin Univ	_____	14	Eric Singleton	Coastal Caro	_____
30	Joel Teachout	S. Dakota St	_____	15	Ryan Miller	Duquesne	_____
31	Patrick Viklund	Boston Colle	_____				
32	Pat Reagan	WV Wesleyan	_____				
33	David Angell	Unattached	_____				

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16	Bob Healy	Duquesne	_____
Flight 2 of 3 Finals			
1	Jarrod Davis	Youngstown	_____
2	Steve Hnat	Louisville	_____
3	Jon Zacharkiw	Villanova	_____
4	Reginald Sands	Norfolk Stat	_____
5	Tommy Sugishita	Coastal Caro	_____
6	Nick Owens	North Caroli	_____
7	Ryan Martin	Mt St Mary's	_____
8	Randall Hafner	Akron	_____
9	Brandon Cook	Louisville	_____
10	Arthur Turland	Louisville	_____
11	Evan Lavin	UNA-Kangaroo	_____
12	Yemi Ayeni	Virginia	_____
13	Auston Papay	Akron	_____
14	Robert McDade	Villanova	_____
Flight 3 of 3 Finals			
1	Armand Quenum	NC State	_____
2	Andrew Levy	Clafin Univ	_____
3	Andrew Levy	Campbell	_____
4	Jared Wasser	Delaware	_____
5	Ray Roe	Mt St Mary's	_____
6	Tyler Blatchley	WV Wesleyan	_____
7	Andrew Weizer	Youngstown	_____
8	Joe Lahmon	Youngstown	_____
9	Kent Dickens	NC State	_____
10	Eric Raabe	Unattached	_____
11	Jason Jones	Unattached	_____
12	Tristan Blackburn	Eastern Kent	_____
13	Chad Hanson	Cincinnati	_____
14	Bryan Hardesty	Cincinnati	_____
15	Aaron Merrill	Youngstown	_____
16	Jacob Bane	Eastern Kent	_____
17	Charles Johnson	Miami	_____
18	Rob Rankin	Virginia	_____
19	Randall Hopkins	Eastern Kent	_____

Event 16 Women Shot Put
Friday 3/24/2006 - 10:00 AM

Minimum Mark: 12.57

First Two Flights go directly to final,

Pos Name School Seed Mark

Flight 1 of 4 Finals

1	Ariel Brooks	Tennessee	_____
2	Emma Schmeltzer	Penn State	_____
3	Emily Turland	Louisville	_____
4	Christen Clemson	Unattached	_____
5	Shanna Dickenson	Tennessee	_____
6	Melissa Stewart	Duquesne	_____
7	Payne Charity	Pennsylvania	_____
8	Rachel Young	Delaware	_____
9	Alexa Manning	Virginia	_____
10	Bethany Anderson	Youngstown	_____
11	Toya Woods	Penn State	_____
12	Stephanie McNeill	Citadel	_____
13	Nina Victorin	Mt St Mary's	_____

Flight 2 of 4 Finals

1	Brittany Reid	Coastal Caro	_____
2	Jaclyn Lugaila	Ohio	_____
3	Brianna Carmichael	Eastern Kent	_____

4	Stevi Large	Akron	_____
5	Jocelyn White	North Caroli	_____
6	Jenna Strouse	Akron	_____
7	Kelly Fazekas	North Caroli	_____
8	Zenai Savage	Louisville	_____
9	Billie-Jo Grant	Virginia	_____
10	April Thomas	Tennessee	_____
11	Jen Leatherman	Penn State	_____
12	Laura Gerraughty	North Caroli	_____

Flight 3 of 4 Finals...(Event 16 Women Shot Put)

1	Kosha Lance	Charleston	_____
2	Victoria Faulkner	Norfolk Stat	_____
3	Amara McKell	Tennessee	_____
4	Tiffany Dumas	Eastern Kent	_____
5	Sasha Wilson	Norfolk Stat	_____
6	Bradlee Foerschner	Penn State	_____
7	Amy Hill	Youngstown	_____
8	Boston Shanni	Pennsylvania	_____
9	Lindsey Hill	Youngstown	_____
10	Katherine Reynolds	Southern Con	_____
11	Amanda Marshall	Delaware	_____
12	Norjai Palma	UNA-Jr. Stri	_____
13	Sara Ackman	S. Dakota St	_____

Flight 4 of 4 Finals

1	Deanna Morelli	Vanderbilt	_____
2	Lalia Thomas	NC State	_____
3	Woods Racheal	Clafin Univ	_____
4	Joann Lynch	La Salle Uni	_____
5	Kate Hausmann	Charleston	_____
6	Mattie Bethea	NC State	_____
7	Shaunetta Alston	Clafin Univ	_____
8	Sable Sweeper	Georgetown U	_____
9	Persis Brown	Shaw	_____
10	Shaakira West	Shaw	_____
11	Kia Brooks	Shaw	_____
12	Patsy Schieber	California o	_____
13	Rebecca Clark	California o	_____

Event 12 Women High Jump

Friday 3/24/2006 - 10:00 AM

Group #1 (seeded) competes first followed by Group #2

Pos Name School Seed Mark

Flight 1 of 2 Finals

1	Danielle Dorsey	Cabrini	_____
2	Jennifer Webster	NC State	_____
3	Kasey Butler	Eastern Mich	_____
4	Shamarie Giscombe	Eastern Mich	_____
5	Kirsten English	Akron	_____
6	Lalia Thomas	NC State	_____
7	Mattie Bethea	NC State	_____
8	Christine Krellwitz	Louisville	_____
9	Kathleen Sherman	Boston Colle	_____
10	Imani Moorman	Norfolk Stat	_____
11	Caitlin Godin	Buffalo	_____
12	Rachel Marks	Virginia	_____
13	Sarah Boyle	Toronto	_____
14	Ebony Jones	Eastern Kent	_____
15	Ashley Haislip	North Caroli	_____
16	Lisa Ravn	Akron	_____
17	Anna Marie Ricciardi	East Tennes	_____

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18	Renee Hein	Cincinnati	_____
19	Kelley Bowman	Louisville	_____
20	Natalie Sako	Akron	_____
21	Debra Vento	Duke	_____
22	Sheena Gordon	North Caroli	_____
Flight 2 of 2 Finals			
1	Traci Abraham	Claflin Univ	_____
2	Whitney Boyd	Eastern Mich	_____
3	Dominique Boone	Charleston	_____
4	Yashica Short	Shaw	_____
5	Khamiya Smith	Shaw	_____
6	Lauren Strange	Duke	_____
7	Demiracle Washington	Coastal Caro	_____
8	Brittany Klima	Cincinnati	_____
9	Caitlin Ward	Tennessee	_____
10	Claire Buckley	Georgetown U	_____
11	Amelia Black	North Caroli	_____
12	Anjarae Washington	Vanderbilt	_____
13	Claire Schreiner	S. Dakota St	_____
14	Garnetta Holloway	Vanderbilt	_____
15	Julie Regan	Boston Colle	_____
16	Tia Harewood	Norfolk Stat	_____
17	Joelle Ambrose	Pittsburgh	_____
18	Pamela Klundert	Eastern Mich	_____
19	Mycah Clemons	Pittsburgh	_____
20	Chelsea Halbmaier	Boston Colle	_____
21	Sarah Van Horn	WV Wesleyan	_____
22	Shannon Yon	Penn State	_____
23	Boston Shanni	Pennsylvania	_____
24	Celrice Law	Tennessee	_____
25	Jen Grayson	Youngstown	_____

Event 14 Women Long Jump**Friday 3/24/2006 - 11:00 AM****Minimum Mark: 5.50m****First Two Flights go directly to final,**

Pos	Name	School	Seed Mark
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Flight 1 of 4 Finals

1	Garnetta Holloway	Vanderbilt	_____
2	Buky Bamigboye	Georgetown U	_____
3	Marsha McRae	North Caroli	_____
4	Lena Bettis	Penn State	_____
5	Ashley Mondie	Georgetown U	_____
6	Tagliavini Whitney	Pennsylvania	_____
7	Rachel Marks	Virginia	_____
8	Lavonne Idlette	Hampton Univ	_____
9	Latonya Anderson	Norfolk Stat	_____
10	Aajah Showell	Louisville	_____
11	Adreinne Mayo	James Madiso	_____
12	Rachel Lewis	Hampton Univ	_____
13	Felicia Walters	Claflin Univ	_____
14	Mattie Bethea	NC State	_____

Flight 2 of 4 Finals

1	Sheena Gordon	North Caroli	_____
2	Erika Foushee	North Caroli	_____
3	Leeann White	Austin Peay	_____
4	Celrice Law	Tennessee	_____
5	Kirby Blackley	Findlay	_____
6	Martina Hallman	Pittsburgh	_____
7	Tomika Ferguson	Virginia	_____

8	Jessica DeFreitas	UNA-U.S. Eli	_____
9	Janessa Murphy	Pittsburgh	_____
10	Sherlonda Johnson	Austin Peay	_____
11	LaClaire Carter	howard	_____
12	Christine Brown	Unattached	_____
13	Andria Booker	UNA-velocity	_____
14	Chasity Johnson	Coastal Caro	_____
15	Ashley McCullough	Eastern Mich	_____

Flight 3 of 4 Finals

1	Mallory Longfield	Mt St Mary's	_____
2	Lauryn Smith	Vanderbilt	_____
3	Paula Evans	Norfolk Stat	_____
4	Lani Gholston	Mt St Mary's	_____
5	Katie Tershel	Virginia	_____
6	Richard Camille	Pennsylvania	_____
7	Kara Dickman	Penn State	_____
8	Fatimah Hill	Buffalo	_____
9	Shanelle Cross	NC State	_____
10	Dana Ventrone	Buffalo	_____
11	Hashan Johnson	Lincoln	_____
12	Ije Obiorah	Cincinnati	_____
13	Tia Nelson	Norfolk Stat	_____
14	Elizabeth Ammons	Norfolk Stat	_____
15	Kemba Johnson	Eastern Mich	_____
16	Kasey Hill	Boston Colle	_____
17	Boston Shanni	Pennsylvania	_____
18	Caitlyn Fiocchi	James Madiso	_____

Flight 4 of 4 Finals

1	Kristen Hall	Charleston	_____
2	Christine Krellwitz	Louisville	_____
3	Shintara Carpenter	Cincinnati	_____
4	Emily Jackson	Charleston	_____
5	Kelley Bowman	Louisville	_____
6	Jona Kulesza	S. Dakota St	_____
7	Diamond Jones	Cabrini	_____
8	Dee Dee Mathews	Queens	_____
9	Jen Osborn	Akron	_____
10	Carrie Hanners	Buffalo	_____
11	Heather Jaroszynski	Buffalo	_____
12	Jessica Lister	Buffalo	_____
13	Jasmin Austin	Lincoln	_____
14	Shareka Nance	Louisville	_____
15	Tiara Donaldson	Claflin Univ	_____
16	Kourtney Trainor	Louisville	_____
17	Caitlin Ward	Tennessee	_____
18	Lalia Thomas	NC State	_____
19	Lakisha Cole	Shaw	_____
20	Carletta Harrell	Shaw	_____
21	Jordean Mathews	Lincoln	_____
22	Angie Jones	Mt St Mary's	_____

Event 33 Men Pole Vault**Friday 3/24/2006 - 12:00 PM****Group #1 (SEEDED) competes first followed by Group #2**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Micheal Adams	Norfolk Stat	_____
2	Devin Barry	Mt St Mary's	_____
3	Nick Jones	Albany	_____
4	Mike Reynolds	Albany	_____

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5	Dan Digman	Akron	_____
6	Josh Dzyak	Mt St Mary's	_____
7	Desmond Shipp	Hampton Univ	_____
8	Casey McGinn	Miami	_____
9	Dan Albrinck	Cincinnati	_____
10	Dave Parker	Albany	_____
11	Chad Beamer	Cincinnati	_____
12	Anthony Abitante	Pennsylvania	_____
13	Kevin Clark	Elizabethtow	_____
14	Mark Johnson	Coastal Caro	_____
15	John Russell	Akron	_____

Flight 2 of 2 Finals

1	Jon Pressimone	Mt St Mary's	_____
2	Christian Siegmund	Hampton Univ	_____
3	Keller Schnier	Cincinnati	_____
4	Patrick Dunn	Cincinnati	_____
5	Robbie Moore	Louisville	_____
6	Weston Lott	Akron	_____
7	Ryan Gregory	Buffalo	_____
8	Ryan Wotus	Duquesne	_____
9	Daniel Keller	North Caroli	_____
10	Tyrell Jordan	Norfolk Stat	_____
11	Jake Petras	California o	_____
12	Scott Harris	California o	_____

Event 17 Women Discus Throw**Friday 3/24/2006 - 2:00 PM****Minimum Mark: 41.50m****First Two Flights go directly to final,**

Pos	Name	School	Seed Mark
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Flight 1 of 4 Finals

1	Jennifer Schmitmeyer	Cincinnati	_____
2	Rachel Young	Delaware	_____
3	Jill Andres	Louisville	_____
4	Emily Turland	Louisville	_____
5	Tiffany Dumas	Eastern Kent	_____
6	Katy Williams	Youngstown	_____
7	Riana Lynn	North Caroli	_____
8	Sara Ackman	S. Dakota St	_____
9	Brianna Carmichael	Eastern Kent	_____
10	Amy Bilmanis	Virginia	_____
11	Emma Schmeltzer	Penn State	_____
12	Stevi Large	Akron	_____
13	Ariel Brooks	Tennessee	_____

Flight 2 of 4 Finals

1	Melissa Stewart	Duquesne	_____
2	Shanna Dickenson	Tennessee	_____
3	Jen Leatherman	Penn State	_____
4	Liz Mangan	Akron	_____
5	Jenna Strouse	Akron	_____
6	Brittany Reid	Coastal Caro	_____
7	Payne Charity	Pennsylvania	_____
8	Marie Le Jour-McDonagh	Unattached	_____
9	Marija Kurtovic	North Caroli	_____
10	Christen Clemson	Unattached	_____
11	Billie-Jo Grant	Virginia	_____
12	Jocelyn White	North Caroli	_____
13	Laura Gerraughty	North Caroli	_____

Flight 3 of 4 Finals

1	Patsy Schieber	California o	_____
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2	Persis Brown	Shaw	_____
3	Shaakira West	Shaw	_____
4	Lindsey Hill	Youngstown	_____
5	Lindsay Cobey	Youngstown	_____
6	Kosha Lance	Charleston	_____
7	Norjai Palma	UNA-Jr. Stri	_____
8	Amy Hill	Youngstown	_____
9	Jamie Mushatt-Valrie	Coastal Caro	_____
10	Courtney Nash	Coastal Caro	_____
11	Stephanie Cronk	Delaware	_____
12	Amara McKell	Tennessee	_____
13	Monique Edwards	Citadel	_____
14	Stacey Bilan	Pittsburgh	_____
15	Nina Victorin	Mt St Mary's	_____
16	Amanda Marshall	Delaware	_____
17	Sasha Wilson	Norfolk Stat	_____

Flight 4 of 4 Finals

1	Racheal Woods	Claffin Univ	_____
2	Woods Racheal	Claffin Univ	_____
3	Kate Hausmann	Charleston	_____
4	Zenai Savage	Louisville	_____
5	Deanna Morelli	Vanderbilt	_____
6	Kasi Foster	Vanderbilt	_____
7	Kacie Keesecker	Mt St Mary's	_____
8	Kimberly Williams	Hampton Univ	_____
9	Jacqueline Clonch	Youngstown	_____
10	Lindsey Stanley	Eastern Kent	_____
11	Brie Ward	NC State	_____
12	Felicia Thompson	howard	_____
13	Ashley Dixon	California o	_____
14	Jessica Perry	Shaw	_____
15	Chelsea Stephan	Ohio	_____

Event 36 Men Shot Put**Friday 3/24/2006 - 2:00 PM****Minimum Mark: 15.00m****First Two Flights go directly to final,**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Marlon Powell	Norfolk Stat	_____
2	Vincent Cossuto	Southern Con	_____
3	Stephen Bachman	Pennsylvania	_____
4	Jason Jones	Unattached	_____
5	Evan Lavin	UNA-Kangaroo	_____
6	Nicholas Consoli	California o	_____
7	Tom Matta	Carnegie Mel	_____
8	Reginald Sands	Norfolk Stat	_____
9	John Caplinger	Cincinnati	_____
10	Khyle Osborne	Georgetown U	_____
11	Yemi Ayeni	Virginia	_____
12	Aaron Merrill	Youngstown	_____
13	Rob Rankin	Virginia	_____

Flight 2 of 3 Finals

1	Bob Healy	Duquesne	_____
2	Jared Wasser	Delaware	_____
3	Tyler Blatchley	WV Wesleyan	_____
4	Chris Crawford	NC State	_____
5	Steve Hnat	Louisville	_____
6	Ian Reynolds	North Caroli	_____
7	Robert McDade	Villanova	_____

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8	John Paul Blankenship	Concord Univ	_____
9	Auston Papay	Akron	_____
10	Jeff Cretella	Southern Con	_____
11	Mitchell Pope	NC State	_____
12	Brian Hallett	UNA-Kangaroo	_____
Flight 3 of 3 Finals			
1	Andrew Levy	Campbell	_____
2	Andrew Levy	Clafin Univ	_____
3	Robbie Moore	Louisville	_____
4	Joshua Stewart	Shaw	_____
5	Tristan Blackburn	Eastern Kent	_____
6	Jacob Bane	Eastern Kent	_____
7	Andrew Hackney	Louisville	_____
8	Randall Hopkins	Eastern Kent	_____
9	Evan Walters	Albion Colle	_____
10	Kyle Robinson	Albion Colle	_____
11	Ryan Flynn	Cincinnati	_____
12	Marquis Poteat	Shaw	_____
13	John Coleman	Shaw	_____
14	Jonathon Wilson	California o	_____
15	Chase Dixon	Shaw	_____
16	Randy Kochik	California o	_____
17	Alex Croskey	Citadel	_____
18	Jason Cumberlander	Cincinnati	_____
19	Rick Worthington	George Mason	_____
20	Anthony Freer	California o	_____

Event 34 Men Long Jump
Friday 3/24/2006 - 2:00 PM

Minimum Mark: 6.95m

First Two Flights go directly to final,

Pos Name School Seed Mark

Flight 1 of 4 Finals

1	Devin Canaday	Virginia	_____
2	Marcus Johnson	Coastal Caro	_____
3	Orestes Medina	La Salle Uni	_____
4	Jesse Patterson	Georgetown U	_____
5	Charles Jones	UNC Greensbo	_____
6	Marc Huddleston	California o	_____
7	Darin Bright	Louisville	_____
8	Brandon Newell	Louisville	_____
9	Robert Keizer	Southern Con	_____
10	Kevin Taylor	Southern Con	_____
11	Ray Smith	Unattached	_____
12	Isi Azeke	Virginia	_____
13	Jon Walker	Eastern Kent	_____
14	Mutsa Nyakabau	George Mason	_____
15	Bob Kandell	Cincinnati	_____

Flight 2 of 4 Finals

1	Cameron Widget	Cincinnati	_____
2	Britt Taylor	North Caroli	_____
3	Jamal Whitted	Lincoln	_____
4	Charles Cooper	una-v-sports	_____
5	Cadeau Kelley	Akron	_____
6	Bailey John	Hampton Univ	_____
7	Kendrick Brathwaite	Norfolk Stat	_____
8	Corey Brown	Mt St Mary's	_____
9	Marc Kellman	George Mason	_____
10	Reggie Hopkins	Lincoln	_____
11	Jessie Grant	Unattached	_____

12	Roy Richards	Buffalo	_____
13	Greg Tyson	Heidelberg	_____
14	Tone Belt	Louisville	_____
15	Andre Black	Louisville	_____
16	Chandler Groves	Cincinnati	_____
17	Dexter Adams	NC State	_____

Flight 3 of 4 Finals...(Event 34 Men Long Jump)

1	Christopher Davis	Clafin Univ	_____
2	Terrell Gissendanner	Georgetown U	_____
3	Jonathan Robinson	Hampton Univ	_____
4	Shane York	Youngstown	_____
5	Brandon Jones	Hampton Univ	_____
6	Matt Yankee	Akron	_____
7	Jason Greenamyre	Youngstown	_____
8	Cameron Johnson	S. Dakota St	_____
9	Craig Hill	S. Dakota St	_____
10	Eric Jones	Pittsburgh	_____
11	Andrew Parsons	Miami	_____
12	Len Terry	UNA-club int	_____
13	Robbie Henson	Shaw	_____
14	Marcus Jennings	Shaw	_____
15	Damon Harrison	Shaw	_____
16	Kyle Greene	Southern Con	_____

Flight 4 of 4 Finals

1	Robbie Moore	Louisville	_____
2	Clarence Howell	Youngstown	_____
3	Daniel Keller	North Caroli	_____
4	Anthony Dunning	Albion Colle	_____
5	Chris McAllister	Buffalo	_____
6	Carl Hunter	Queens	_____
7	Ramon Jobson-Brown	UNC Greensbo	_____
8	Kevin Patterson	North Caroli	_____
9	Nicholas Ledbetter	Clafin Univ	_____
10	Loic Sebuharara	Buffalo	_____
11	Jeff Kiss	Pittsburgh	_____
12	Derrick Harpe	Clafin Univ	_____
13	Jonathan Cox	Hampton Univ	_____
14	Matt Olsen	S. Dakota St	_____
15	Tim Poirier	Cincinnati	_____

Event 32 Men High Jump

Friday 3/24/2006 - 3:00 PM

Group #1 (SEEDED) competes first followed by Group #2

Pos Name School Seed Mark

Flight 1 of 2 Finals

1	Shaquill Smith	Citadel	_____
2	Corey Brown	Mt St Mary's	_____
3	Patrick Dunn	Cincinnati	_____
4	Mike Murawski	Duquesne	_____
5	Barry Bostick	Hampton Univ	_____
6	Charlie Allan	Akron	_____
7	Elan Daviglus	Miami	_____
8	Jeremy Keesee	Ohio	_____
9	Nicholas Ledbetter	Clafin Univ	_____
10	Jamal Whitted	Lincoln	_____
11	Ryan Jones	Akron	_____
12	Derrick Harpe	Clafin Univ	_____
13	Andrew Smith	Cincinnati	_____
14	Shamel Smith	Kent State	_____
15	Quentin Matthews	George Mason	_____

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16	Ivan Schmidt	Southern Con	_____
17	Mark Dillon	Toronto	_____
18	Tomasz Smialek	Akron	_____
Flight 2 of 2 Finals			
1	Dan Digman	Akron	_____
2	Andrew Parsons	Miami	_____
3	Kevin Patterson	North Caroli	_____
4	Martez Brown	North Caroli	_____
5	Adam Strobe	Albion Colle	_____
6	Kevin Taylor	Southern Con	_____
7	Mike Perri	Youngstown	_____
8	Marty Vieth	Youngstown	_____
9	Charles Sneed	Pittsburgh	_____
10	Jason Bowman	Albion Colle	_____
11	David Wellington	George Mason	_____

Event 29 Men 110 Meter Hurdles Prelims**Friday 3/24/2006 - 12:00 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

	Name	School	Seed Time
1	Mike Meditz	Akron	_____
2	A.J. Oyer	Akron	_____
3	Ross Plont	Albion Colle	_____
4	Evans Brisbane	California o	_____
5	Alex Henson	California o	_____
6	Nick Bannister	Carnegie Mel	_____
7	Kiley Williams	Carnegie Mel	_____
8	Isaac Hendricks	Cincinnati	_____
9	Troy Lammers	Cincinnati	_____
10	Jared Martin	Cincinnati	_____
11	Scott Maze	Cincinnati	_____
12	Kasey Waaland	Cincinnati	_____
13	Brandon Wright	Cincinnati	_____
14	Delvon Benson	Clafin Univ	_____
15	Deshaun McGee	Clafin Univ	_____
16	Jermaine Taylor	Clafin Univ	_____
17	Jim Chmelik	Coastal Caro	_____
18	Chad Smith	Coastal Caro	_____
19	Cale Brereton	Findlay	_____
20	Rayshawn Eastman	Findlay	_____
21	Sanchaze Ross	Findlay	_____
22	Danny Woods	Findlay	_____
23	Travis Wright	Findlay	_____
24	Brian Hay	George Mason	_____
25	Steven Knight	George Mason	_____
26	Terrell Gissendanner	Georgetown U	_____
27	Damon Bailey	Hampton Univ	_____
28	Barry Bostick	Hampton Univ	_____
29	Andrew Peresta	Hampton Univ	_____
30	Terry Thornton	Hampton Univ	_____
31	Jacoby DuBose	howard	_____
32	Daniel Kinney	howard	_____
33	Nicholas Wright	howard	_____
34	Greg Keys	Kent State	_____
35	Keith Burke	La Salle Uni	_____
36	Steve Rendall	La Salle Uni	_____
37	John Fudge	Lincoln	_____
38	Jermaine Morris	Lincoln	_____
39	Brett Jones	Miami	_____

40	Devin Barry	Mt St Mary's	_____
41	Quenton Beard	Mt St Mary's	_____
42	Lamar Clayton	Mt St Mary's	_____
43	Ben Barrett	NC State	_____
44	Luis Morales	Norfolk Stat	_____
45	Jason Tolliver	Norfolk Stat	_____
46	Martez Brown	North Caroli	_____
47	Bremen Dehaan	North Caroli	_____
48	Daniel Keller	North Caroli	_____
49	Kevin Patterson	North Caroli	_____
50	Michael Bale	Pennsylvania	_____
51	Jeff Kiss	Pittsburgh	_____
52	Mike Wray	Pittsburgh	_____
53	Ben Johnson	S. Dakota St	_____
54	McNeil Johnson	Southern Con	_____
55	colin aina	executive tr	_____
56	Chris Stephens	UNA-G.W. Exp	_____
57	ronald andrews	una-Syracuse	_____
58	Ricardo Melbourne	Unattached	_____
59	Nagazie Carima	Unattached	_____
60	Payne David	Unattached	_____
61	Brandon Hon	Unattached	_____
62	Enrique Llanos	Unattached	_____
63	Roger Mack	Unattached	_____
64	Ricardo Melbourne	Unattached	_____
65	Nicholas Burkey	Villanova	_____
66	Patrick Gazzini	Villanova	_____
67	Isi Azeke	Virginia	_____
68	Devin Canaday	Virginia	_____
69	Scott Robinson	Virginia	_____
70	Josh Natali	WV Wesleyan	_____
71	Adam Lewis	Youngstown	_____
72	Dwayne Grant-Higgins	Pittsburgh	_____

Event 9 Women 100 Meter Hurdles Prelims**Friday 3/24/2006 - 12:30 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

	Name	School	Seed Time
1	Jessica Bright	Akron	_____
2	Siobahn Counts	Akron	_____
3	Jen Osborn	Akron	_____
4	Danja Yates	Austin Peay	_____
5	Kasey Hill	Boston Colle	_____
6	Kathleen Sherman	Boston Colle	_____
7	Danielle Malay	California o	_____
8	Megan Wasson	California o	_____
9	Cory Huber	Cincinnati	_____
10	Monica Hundley	Cincinnati	_____
11	Khneisha Pagan	Clafin Univ	_____
12	Ebony Brown	Coastal Caro	_____
13	Felisha Jacobs	Coastal Caro	_____
14	LeAuna Sistrunk	Coastal Caro	_____
15	Elisha Tegeder	Coastal Caro	_____
16	Alexi Capsouras	Delaware	_____
17	Ebony Jones	Eastern Kent	_____
18	LaShea Preston	Eastern Kent	_____
19	Chrystal Dooley	Eastern Mich	_____
20	Shamarie Giscombe	Eastern Mich	_____

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21	Ashley McCullough	Eastern Mich	_____
22	Andrea Wheeler	Eastern Mich	_____
23	Kirby Blackley	Findlay	_____
24	Buky Bamigboye	Georgetown U	_____
25	Sonya Sullivan	Georgetown U	_____
26	Lavonne Idlette	Hampton Univ	_____
27	Yvette Lewis	Hampton Univ	_____
28	Chandra Pulliam	Hampton Univ	_____
29	Michelle Smith	Hampton Univ	_____
30	Kellie Wells	Hampton Univ	_____
31	Azuree Catledge	howard	_____
32	Alyssa Johnson	howard	_____
33	Ashley West-Nesbitt	howard	_____
34	Marisa Biggins	James Madiso	_____
35	Kimberly McIntosh	La Salle Uni	_____
36	Aajah Showell	Louisville	_____
37	Kourtney Trainor	Louisville	_____
38	Shannon Norris	Mt St Mary's	_____
39	Denise Tetkowski	Mt St Mary's	_____
40	Mattie Bethea	NC State	_____
41	Lalia Thomas	NC State	_____
42	Jennifer Webster	NC State	_____
43	Victoria Faulkner	Norfolk Stat	_____
44	Rachel Griffin	Norfolk Stat	_____
45	Tia Harewood	Norfolk Stat	_____
46	Porscha Dobson	North Caroli	_____
47	Ashley Haislip	North Caroli	_____
48	Kim Markel	Penn State	_____
49	Amber Strouse	Penn State	_____
50	Monique Walker	Penn State	_____
51	Richard Camille	Pennsylvania	_____
52	Curtis Jeanette	Pennsylvania	_____
53	Wilson Leslie	Pennsylvania	_____
54	Joelle Ambrose	Pittsburgh	_____
55	Mycah Clemons	Pittsburgh	_____
56	Julianna Reed	Pittsburgh	_____
57	Claire Schreiner	S. Dakota St	_____
58	Kira Sudbeck	S. Dakota St	_____
59	Erin Zempel	S. Dakota St	_____
60	Lakisha Cole	Shaw	_____
61	Yashica Short	Shaw	_____
62	Celrice Law	Tennessee	_____
63	Caitlin Ward	Tennessee	_____
64	LeKisha Barnaby	UNA-U.S. Eli	_____
65	Garnetta Holloway	Vanderbilt	_____
66	Amanda Mullins-Hall	Vanderbilt	_____
67	Anjarae Washington	Vanderbilt	_____
68	Kathryn Giessler	Villanova	_____
69	Yolanda Malcolm	Villanova	_____
70	Monique Morgan	Villanova	_____
71	Keshia Ashe	Virginia	_____
72	Jackie Bailey	Virginia	_____
73	Lauren Echko	Virginia	_____
74	Rachel Marks	Virginia	_____
75	Satara Freeman	Youngstown	_____
76	Jen Grayson	Youngstown	_____
77	Yandeh Joh	Youngstown	_____
78	Katy Wells	Youngstown	_____

Event 21 Men 100 Meter Dash Prelims**Friday 3/24/2006 - 1:00 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

	Name	School	Seed Time
1	Howard Harris	Akron	_____
2	James Manley	Akron	_____
3	Ronell Massingill	Akron	_____
4	Brandon Wells	Akron	_____
5	Anthony Dunning	Albion Colle	_____
6	Nick Kyriakopoulos	Albion Colle	_____
7	Ryan Williams	Albion Colle	_____
8	Greg McGhee	Bloomsburg	_____
9	Greg Hassel	Boston Colle	_____
10	Roy Richards	Buffalo	_____
11	Bryan Weinstein	Buffalo	_____
12	Tony Gregory	Cabrini	_____
13	Lombardy Brandon	California o	_____
14	Jon Hall	California o	_____
15	D.J. Vallee	California o	_____
16	Bobby Dunlap	Campbell	_____
17	Jeffery Jordan	Campbell	_____
18	John Bowie	Cincinnati	_____
19	Justin Conway	Cincinnati	_____
20	Ian Steidel	Cincinnati	_____
21	Thomas Pressley	Citadel	_____
22	Quintin Wright	Citadel	_____
23	Christopher Davis	Claflin Univ	_____
24	Bobby Dunlap	Claflin Univ	_____
25	Jeffery Jordan	Claflin Univ	_____
26	Jonathan Jeffries	Coastal Caro	_____
27	Aubrey Lemon	Coastal Caro	_____
28	Dee Stokes	Coastal Caro	_____
29	Scott Vari	Delaware	_____
30	James Rainer	East Tennes	_____
31	Johnny Tucker	East Tennes	_____
32	Cory Thompson	Eastern Kent	_____
33	Paul Johnson	Findlay	_____
34	Kendall Stevens	Findlay	_____
35	Dakel Vicks	Findlay	_____
36	Brent Nieder	George Mason	_____
37	Mutsa Nyakabau	George Mason	_____
38	Sammy Sesay	George Mason	_____
39	Jesse Patterson	Georgetown U	_____
40	Bailey John	Hampton Univ	_____
41	Joseph Claiborne	howard	_____
42	Jacoby DuBose	howard	_____
43	Quintin Reid	howard	_____
44	Daniel Shannon	howard	_____
45	Rainer Fiala	James Madiso	_____
46	Marc Johnson	Kent State	_____
47	Kenny Webber	Kent State	_____
48	Anthony Falgaes	La Salle Uni	_____
49	James Jefferson	La Salle Uni	_____
50	Ryan Moseley	La Salle Uni	_____
51	Wayne Davis	Lincoln	_____
52	Francisco Santos	Lincoln	_____
53	Robbie Moore	Louisville	_____
54	Brett Jones	Miami	_____

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55	Dexter Adams	NC State	_____	3	Tamala Perryman	Akron	_____
56	Sabian Culbreth	NC State	_____	4	Sherlonda Johnson	Austin Peay	_____
57	Matt Minnick	NC State	_____	5	Kasey Hill	Boston Colle	_____
58	Reggie Reese	NC State	_____	6	Dana Ventrone	Buffalo	_____
59	Tim Sheppard	NC State	_____	7	Lauren Deas	Cabrini	_____
60	LeAndre' McAdams	Norfolk Stat	_____	8	Diamond Jones	Cabrini	_____
61	Bremen Dehaan	North Caroli	_____	9	Leslie Williams	Cabrini	_____
62	Kevin Benjamin	Pennsylvania	_____	10	Heather Jarjisian	California o	_____
63	Joey Brown	Pennsylvania	_____	11	Bryn Hannon	Charleston	_____
64	Jason Ellis	Pennsylvania	_____	12	Abby Kostecka	Charleston	_____
65	Pete Habegger	Pennsylvania	_____	13	Country Williams	Charleston	_____
66	Michael Provenzano	Pennsylvania	_____	14	Ashley Ogletree	Cincinnati	_____
67	Carl Hunter	Queens	_____	15	Jasmine Smith	Cincinnati	_____
68	Craig Hill	S. Dakota St	_____	16	Camron Turner	Cincinnati	_____
69	Ben Johnson	S. Dakota St	_____	17	Jodi Whittle	Citadel	_____
70	Sanchez Houston	Shaw	_____	18	Paula Aflord	Claflin Univ	_____
71	Brandon Lawyer	Shaw	_____	19	Paula Alford	Claflin Univ	_____
72	Eric Raines	Shaw	_____	20	Amanda Mack	Claflin Univ	_____
73	Travis Wells	Shaw	_____	21	Michele Scotland	Claflin Univ	_____
74	Tyrone Joseph	Southern Con	_____	22	Courtney Thomas	Claflin Univ	_____
75	Brian Mason	Southern Con	_____	23	Courtney Thomas	Claflin Univ	_____
76	brown desmond	UNA-club int	_____	24	Felicia Walters	Claflin Univ	_____
77	Carr Devin	UNA-club int	_____	25	Michelle Gomes	Delaware	_____
78	Chris Moon	UNA-club int	_____	26	Paula Green	Delaware	_____
79	Pat Small	UNA-club int	_____	27	Daniella Price	Delaware	_____
80	Len Terry	UNA-club int	_____	28	Asha Quant	Delaware	_____
81	Faulcon Andre	UNA-D.C. Cap	_____	29	Brittany Wright	Delaware	_____
82	T.J. Savage	UNA-D.C. Cap	_____	30	Shonte Cook	Duquesne	_____
83	John Schneck	UNA-D.C. Cap	_____	31	Cagney Bailey	East Tenness	_____
84	Charles Cooper	una-v-sports	_____	32	Ebonie Jones	East Tenness	_____
85	Shaka Davis	Unattached	_____	33	Jennifer Knox	East Tenness	_____
86	Brian Frasure	Unattached	_____	34	Melanie Bailey	Eastern Kent	_____
87	jamar glenn	Unattached	_____	35	Morgan Bradley	Eastern Kent	_____
88	Joe Hall	Unattached	_____	36	Patrice Beasley	Eastern Mich	_____
89	Kelin Ingram	Unattached	_____	37	Lintera Harvin	Eastern Mich	_____
90	Alpha Kamara	Unattached	_____	38	Porshia Pryor	Eastern Mich	_____
91	Omar Wells	Unattached	_____	39	Katelyn John	Elizabethtow	_____
92	Jackie Deshazo	VCU	_____	40	Erin Lichti	Elizabethtow	_____
93	James Frierson	VCU	_____	41	Lindsey Oliver	Elizabethtow	_____
94	Davion Lambert	VCU	_____	42	Tiffany Amos	Findlay	_____
95	Carl Hansen	Villanova	_____	43	Pam Bullock	Findlay	_____
96	Kevin Okolie	Villanova	_____	44	Andrea Bussey	Hampton Univ	_____
97	Kevin Carson	Virginia	_____	45	Septima Glenn	Hampton Univ	_____
98	Tyler Hendry	Virginia	_____	46	Tiffany Walton	Hampton Univ	_____
99	Reuben Jones	Virginia	_____	47	LaClaire Carter	howard	_____
100	Sloan Baisden	WV Wesleyan	_____	48	Brittany Rogers	howard	_____
101	Jason Koon	WV Wesleyan	_____	49	Michelle Tyree	James Madiso	_____
102	John Adam Romeo	WV Wesleyan	_____	50	Andrea Bryson	Kent State	_____
103	Clarence Howell	Youngstown	_____	51	Erica Mosby	Kent State	_____
104	Damian Wright	Youngstown	_____	52	Jessica Moninghoff	La Salle Uni	_____
105	Jeremiah Wright	Youngstown	_____	53	Jasmin Austin	Lincoln	_____
				54	Ashley Douglas	Lincoln	_____
				55	Shanda Jackson	Lincoln	_____
				56	LaShondra Durias	Louisville	_____
				57	Stephanie Dickerson	Mt St Mary's	_____
				58	Mandy Jenkins	Mt St Mary's	_____
				59	Angie Jones	Mt St Mary's	_____
				60	Shanelle Cross	NC State	_____
				61	Joya Rodgers	NC State	_____
				62	Megan Rumley	NC State	_____
				63	Cassandra Williams	NC State	_____

Event 1 Women 100 Meter Dash Prelims**Friday 3/24/2006 - 1:30 PM****Sections Detirmend AFTER Check-in****ALL ATHLETES MUST CHECK-IN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

	Name	School	Seed Time
1	DeAnna Caldwell-Edward	Akron	_____
2	Corine Gavin-Hall	Akron	_____

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64	Cheri Hodges	Norfolk Stat	_____	22	Patrick Bradley	Claffin Univ	_____
65	Natalie McKenzie	Norfolk Stat	_____	23	Trevar Hemphill	Claffin Univ	_____
66	Ashleigh Rolle	Norfolk Stat	_____	24	Jeffery Jordan	Claffin Univ	_____
67	Shardee Anderson	North Caroli	_____	25	Nicholas Ledbetter	Claffin Univ	_____
68	Tyra Johnson	North Caroli	_____	26	Prestine Manderville	Claffin Univ	_____
69	Lena Bettis	Penn State	_____	27	Marquise Mark	Claffin Univ	_____
70	Kumalah Jerrie	Pennsylvania	_____	28	Jarvarius Phelps	Coastal Caro	_____
71	Ehrlich Jessica	Pennsylvania	_____	29	Joey Carroll	Concord Univ	_____
72	Tagliavini Whitney	Pennsylvania	_____	30	Chris Dixon	Delaware	_____
73	Shanea Calhoun	Pittsburgh	_____	31	Charlie Williams	Delaware	_____
74	Shantea Calhoun	Pittsburgh	_____	32	Josh Rock	East Tenness	_____
75	Catherine Hare	Pittsburgh	_____	33	Tyler Woodruff	East Tenness	_____
76	Janessa Murphy	Pittsburgh	_____	34	Mike Halliwell	Eastern Kent	_____
77	Dee Dee Mathews	Queens	_____	35	Derrick Wright	Eastern Kent	_____
78	Cameron Christion	S. Dakota St	_____	36	Kyle Wunz	Edinboro	_____
79	Weahdee Blidee	Shaw	_____	37	MacGregor Lennarz	George Mason	_____
80	Latanya Garrett	Shaw	_____	38	Andres Maldonado	George Mason	_____
81	Talonja Patton	Shaw	_____	39	Brent Nieder	George Mason	_____
82	Courtney Champion	Tennessee	_____	40	Chris Bonner	Georgetown U	_____
83	Celrice Law	Tennessee	_____	41	Jared Jenkins	Georgetown U	_____
84	Latonya Loche	Tennessee	_____	42	Stanley Lagrenade	Georgetown U	_____
85	Cleo Tyson	Tennessee	_____	43	Kevin Ward	Georgetown U	_____
86	Consuela Moore	UNA-Nike	_____	44	Phillip Baldwin	Hampton Univ	_____
87	Rachelle Smith	una-Nike	_____	45	Terrance Burton	Hampton Univ	_____
88	Maria Ferguson	UNA-U.S. Eli	_____	46	Anthony Easter	Hampton Univ	_____
89	Teniko White	UNA-U.S. Eli	_____	47	Brandon Lynch	Hampton Univ	_____
90	Jenne'a Bridgeford	Virginia	_____	48	Ashard Moore	Hampton Univ	_____
91	Tiffany Roberts	Virginia	_____	49	Dante Buckner	howard	_____
92	Talia Wise	Virginia	_____	50	Joseph Claiborne	howard	_____
93	Katie Betts	Youngstown	_____	51	Christopher George	howard	_____
94	Danielle Bolt	Youngstown	_____	52	Edric Robinson	howard	_____
95	Ashley Oliver	Youngstown	_____	53	Dennis Washington	howard	_____
				54	Kimery Williams	howard	_____
				55	Chris Greer	James Madiso	_____
				56	Joe Karasch	La Salle Uni	_____
				57	David Peters	La Salle Uni	_____
				58	James Tchabo	La Salle Uni	_____
				59	Randy Dawkins	Lincoln	_____
				60	Keko Goldman	Lincoln	_____
				61	Francisco Santos	Lincoln	_____
				62	Lance Wigfall	Lincoln	_____
				63	Bobby Young	Lincoln	_____
				64	Julian Edwards	Mt St Mary's	_____
				65	Bernie Rendler	Mt St Mary's	_____
				66	Nick Wright	Mt St Mary's	_____
				67	Stephen Gardner	NC State	_____
				68	Armand Quenum	NC State	_____
				69	Bernie Lauredan	New York Uni	_____
				70	Daniel Napiecek	New York Uni	_____
				71	Maciej Sezelak	New York Uni	_____
				72	Jamall Bloomfield	Norfolk Stat	_____
				73	Raymond Brown	Norfolk Stat	_____
				74	Donald Singleton	Norfolk Stat	_____
				75	Charles Wilkinson	North Caroli	_____
				76	Dan Bailey	Ohio	_____
				77	John Willis	Ohio	_____
				78	Andrew Anderson	Pennsylvania	_____
				79	Sean Garrett	Pennsylvania	_____
				80	Eric Ljungquist	Pennsylvania	_____
				81	Sam Shepherd	Pennsylvania	_____
				82	Kareem Cousar	Pittsburgh	_____

Event 23 Men 400 Meter Dash**Friday 3/24/2006 - 2:00 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

Name	School	Seed Time				
1	Jerry Krueger	Albion Colle	_____	62	Lance Wigfall	Lincoln
2	Lucas Rider	Albion Colle	_____	63	Bobby Young	Lincoln
3	Anthony Vitale	Bentley Coll	_____	64	Julian Edwards	Mt St Mary's
4	Chris Caulfield	Boston Colle	_____	65	Bernie Rendler	Mt St Mary's
5	Greg Hassel	Boston Colle	_____	66	Nick Wright	Mt St Mary's
6	Ryan Henry	Boston Colle	_____	67	Stephen Gardner	NC State
7	Daniel Lafave	Boston Colle	_____	68	Armand Quenum	NC State
8	Tony Gregory	Cabrini	_____	69	Bernie Lauredan	New York Uni
9	Alex Henson	California o	_____	70	Daniel Napiecek	New York Uni
10	Brad Rager	California o	_____	71	Maciej Sezelak	New York Uni
11	Trevar Hemphill	Campbell	_____	72	Jamall Bloomfield	Norfolk Stat
12	Jeffery Jordan	Campbell	_____	73	Raymond Brown	Norfolk Stat
13	Marquise Mack	Campbell	_____	74	Donald Singleton	Norfolk Stat
14	Prestine Manderville	Campbell	_____	75	Charles Wilkinson	North Caroli
15	Carlton Reeves	Carnegie Mel	_____	76	Dan Bailey	Ohio
16	Russel Verbofsky	Carnegie Mel	_____	77	John Willis	Ohio
17	Jerod Batt	Cincinnati	_____	78	Andrew Anderson	Pennsylvania
18	Antione Drakeford	Cincinnati	_____	79	Sean Garrett	Pennsylvania
19	Lonnie Irving	Cincinnati	_____	80	Eric Ljungquist	Pennsylvania
20	Bob Kandell	Cincinnati	_____	81	Sam Shepherd	Pennsylvania
21	Cedric Powell	Cincinnati	_____	82	Kareem Cousar	Pittsburgh

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83	Sam Perkins	Pittsburgh	_____	14	Jammie Jackson	Cincinnati	_____
84	Troy Robeson	Pittsburgh	_____	15	Erin Leeper	Cincinnati	_____
85	Anthony Frost	Shaw	_____	16	Dennale Speakman	Cincinnati	_____
86	Troy Jiggetts	Shaw	_____	17	Paula Aflord	Clafflin Univ	_____
87	Clarence Pressley	Shaw	_____	18	Paula Alford	Clafflin Univ	_____
88	Jeremy Alvarez	Southern Con	_____	19	Amanda Mack	Clafflin Univ	_____
89	Orville Bernard	Southern Con	_____	20	Courtney Thomas	Clafflin Univ	_____
90	Roman Henry	Southern Con	_____	21	Courtney Thomas	Clafflin Univ	_____
91	Gary Pope	Southern Con	_____	22	Carissa Walls	Clafflin Univ	_____
92	Jose Rodriquez	Southern Con	_____	23	Elisha Tegeder	Coastal Caro	_____
93	Donald Stevens	Southern Con	_____	24	Amber White	Coastal Caro	_____
94	Alfred Lexima	St. Paul's	_____	25	Erica Farmer	Concord Univ	_____
95	Carr Devin	UNA-club int	_____	26	Daniella Price	Delaware	_____
96	Chris Moon	UNA-club int	_____	27	Asha Quant	Delaware	_____
97	Dider Assoumou	UNA-D.C. Cap	_____	28	Charlene Garth	Duquesne	_____
98	Greg Lambert	UNA-D.C. Cap	_____	29	Erica Moody	Duquesne	_____
99	Shead Marques	UNA-D.C. Cap	_____	30	Kathy Parker	Duquesne	_____
100	Maurice Procter	UNA-D.C. Cap	_____	31	Lakisha Brooks	Eastern Kent	_____
101	Rodney Stanley	UNA-D.C. Cap	_____	32	Nichel Eubanks	Eastern Kent	_____
102	Valentine Borruoghs	UNA-G.W. Exp	_____	33	LaQuae Jones	Eastern Mich	_____
103	Andre Thompson	UNA-G.W. Exp	_____	34	Bria Woods	Eastern Mich	_____
104	Thierno Mbacke	UNA-Greater	_____	35	Tina Bucci	Elizabethtow	_____
105	Nicolas Brown	Unattached	_____	36	Nicole Murphy	Elizabethtow	_____
106	Shaka Davis	Unattached	_____	37	Megan Alcock	Findlay	_____
107	LT Dickens	Unattached	_____	38	Abbie Shook	Findlay	_____
108	jamar glenn	Unattached	_____	39	Alex Baptiste	Georgetown U	_____
109	nau lionel	Unattached	_____	40	Claire Buckley	Georgetown U	_____
110	Kevin Raymond	Unattached	_____	41	Kandance Ferguson	Georgetown U	_____
111	Louis Sale	Unattached	_____	42	Nana Hanson-Hall	Georgetown U	_____
112	Jacob Skyles	Unattached	_____	43	Ashley Hubbard	Georgetown U	_____
113	Chris Webley	Unattached	_____	44	Meghan O'Neil	Georgetown U	_____
114	Omar Wells	Unattached	_____	45	Jayne Penn	Georgetown U	_____
115	Drew Eckman	Villanova	_____	46	Charlena Tillett	Georgetown U	_____
116	Carl Hansen	Villanova	_____	47	Nichole Torpey	Georgetown U	_____
117	John Wilsman	Villanova	_____	48	Christine Whalen	Georgetown U	_____
118	Rico Greenhowe	WV Wesleyan	_____	49	Arionne Allen	Hampton Univ	_____
119	DaMichael Horne	Youngstown	_____	50	Rachel Lewis	Hampton Univ	_____
120	Harold Jones	Youngstown	_____	51	Maisha Pinkard	Hampton Univ	_____
121	Mike Perri	Youngstown	_____	52	Erica Day	howard	_____
122	Scott Streiner	Youngstown	_____	53	Natalie Mapp	howard	_____
				54	Lauren McNary	howard	_____
				55	Leslie Anderson	James Madiso	_____
				56	Renee Lott	James Madiso	_____
				57	Rashonda Roberson	James Madiso	_____
				58	Meaghan Hobson	La Salle Uni	_____
				59	Jamanah Freeman	Lincoln	_____
				60	Jordean Mathews	Lincoln	_____
				61	Ashley Parker	Lincoln	_____
				62	Shari Richardson	Lincoln	_____
				63	Yolana Sabb	Lincoln	_____
				64	Donneisha Smith	Lincoln	_____
				65	Shannon Norris	Mt St Mary's	_____
				66	Denise Tetkowski	Mt St Mary's	_____
				67	Tajaron Lewis	NC State	_____
				68	Chapin Payne	NC State	_____
				69	Laura Strothers	NC State	_____
				70	Carletta Nance	Norfolk Stat	_____
				71	Cerina Buchanan	North Caroli	_____
				72	Niobra Peterson	North Caroli	_____
				73	Caitlin Belfield	Penn State	_____
				74	Cheryl Green	Penn State	_____

Event 3 Women 400 Meter Dash**Friday 3/24/2006 - 2:40 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

Name	School	Seed Time			
1	Brittany Hocker	Akron	_____		
2	Carol Holmes	Akron	_____		
3	Alex Jordan	Akron	_____		
4	Meg Bouchard	Bentley Coll	_____		
5	Amy Papalia	Bentley Coll	_____		
6	Samantha Robbins	Bentley Coll	_____		
7	Alison Fogarty	Boston Colle	_____		
8	Stacy Downer	Buffalo	_____		
9	Leslie Williams	Cabrini	_____		
10	Emily Jackson	Charleston	_____		
11	Katina Taylor	Charleston	_____		
12	Carla Washington	Charleston	_____		
13	Dominique Davis	Cincinnati	_____		

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75	Cusack Hayley	Pennsylvania	_____	27	Lyle McMullen	George Mason	_____
76	Carlin Jesse	Pennsylvania	_____	28	Terrell Gissendanner	Georgetown U	_____
77	Kopp Kara	Pennsylvania	_____	29	Damon Bailey	Hampton Univ	_____
78	Blake Lauren	Pennsylvania	_____	30	Lester Caesar	Hampton Univ	_____
79	Jennifer Seitz	Pittsburgh	_____	31	Andrew Peresta	Hampton Univ	_____
80	Melissa Fose	S. Dakota St	_____	32	Christian Siegmund	Hampton Univ	_____
81	Patricia Beckham	Shaw	_____	33	Terry Thornton	Hampton Univ	_____
82	Donyelle Murdock	Shaw	_____	34	Daniel Kinney	howard	_____
83	Jade Young	Shaw	_____	35	Nicholas Wright	howard	_____
84	Zakiya Ingraham	St. Paul's	_____	36	Paul Cawley	James Madiso	_____
85	Courtney Champion	Tennessee	_____	37	Jason Dubyoski	Johns Hopkin	_____
86	Patricia Hall	Tennessee	_____	38	Keith Burke	La Salle Uni	_____
87	Latonya Loche	Tennessee	_____	39	Greg Lyons	La Salle Uni	_____
88	Robin Mortel	Tennessee	_____	40	Steve Rendall	La Salle Uni	_____
89	Mindy Sullivan	Tennessee	_____	41	Brian Boyce	Lincoln	_____
90	Leslie Treherne	Tennessee	_____	42	John Fudge	Lincoln	_____
91	Aisha George	UNA-G.W. Exp	_____	43	Jeff Jasmin	Lincoln	_____
92	Brandi Kellam	Unattached	_____	44	Jermaine Morris	Lincoln	_____
93	Tanya Harris	UNC Asheville	_____	45	Anthony Murphy	Lincoln	_____
94	Amani Floyd	Vanderbilt	_____	46	Brett Jones	Miami	_____
95	Fortson Lauren	Vanderbilt	_____	47	Quenton Beard	Mt St Mary's	_____
96	Tiera Fletcher	Villanova	_____	48	Kevin Hutton	NC State	_____
97	Arusha McKenzie	Villanova	_____	49	Jamall Bloomfield	Norfolk Stat	_____
98	Jeanna Cunningham	Youngstown	_____	50	Raymond Brown	Norfolk Stat	_____
99	Marielle Glanz	Youngstown	_____	51	Jason Tolliver	Norfolk Stat	_____
100	Shantel Jackson	Youngstown	_____	52	Emmanuel Bello	North Caroli	_____
101	Kari Kreutzfeld	Youngstown	_____	53	Emmanuel Bello	North Caroli	_____
				54	Artis Johnson	North Caroli	_____
				55	Michael Bale	Pennsylvania	_____
				56	Bob Budesas	Pennsylvania	_____
				57	Braden Lepisto	Pennsylvania	_____
				58	Ian MacNeil	Pennsylvania	_____
				59	Cody Schovitz	Pennsylvania	_____
				60	Kevin Gilpatrick	Pittsburgh	_____
				61	William Grinstead	Pittsburgh	_____
				62	Jeff Kiss	Pittsburgh	_____
				63	Brian Woods	Pittsburgh	_____
				64	Mike Wray	Pittsburgh	_____
				65	McNeil Johnson	Southern Con	_____
				66	brown desmond	UNA-club int	_____
				67	Chris Moon	UNA-club int	_____
				68	Thierno Mbacke	UNA-Greater	_____
				69	Nicolas Brown	Unattached	_____
				70	Adrian Findlay	Unattached	_____
				71	Louis Sale	Unattached	_____
				72	Brandon Hamilton	UNC Asheville	_____
				73	Travis Swaggard	VCU	_____
				74	Patrick Gazzini	Villanova	_____
				75	Elliot Whaley	Villanova	_____
				76	Devin Canaday	Virginia	_____
				77	Stephen Hiltner	Virginia	_____
				78	Justin Carolyne	Youngstown	_____
				79	Jason Greenamyer	Youngstown	_____
				80	Adam Lewis	Youngstown	_____
				81	Dwayne Grant-Higgins	Pittsburgh	_____

Event 30 Men 400 Meter Hurdles**Friday 3/24/2006 - 3:20 PM****Sections Detirمند AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

	Name	School	Seed Time				
1	Mike Meditz	Akron	_____				
2	A.J. Oyer	Akron	_____				
3	Ahmed Chaudhry	Albion Colle	_____				
4	Kyle Klyn	Albion Colle	_____				
5	Brian Walas	Buffalo	_____				
6	Evans Brisbane	California o	_____				
7	Anthony Morinello	California o	_____				
8	Jeff Polack	Carnegie Mel	_____				
9	Kiley Williams	Carnegie Mel	_____				
10	Troy Lammers	Cincinnati	_____				
11	Jared Martin	Cincinnati	_____				
12	Brandon Wright	Cincinnati	_____				
13	Delvon Benson	Clafin Univ	_____				
14	Deshaun McGee	Clafin Univ	_____				
15	Jermaine Taylor	Clafin Univ	_____				
16	Jim Chmelik	Coastal Caro	_____				
17	Tyrone Murphy	Coastal Caro	_____				
18	Chad Smith	Coastal Caro	_____				
19	Mike Murawski	Duquesne	_____				
20	Michael Wright	East Tenness	_____				
21	Benjamin Hutcherson	Eastern Kent	_____				
22	Rayshawn Eastman	Findlay	_____				
23	Sanchaze Ross	Findlay	_____				
24	Dixley Simms	Findlay	_____				
25	Danny Woods	Findlay	_____				
26	Michael Akindele	George Mason	_____				

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Event 10 Women 400 Meter Hurdles**Friday 3/24/2006 - 3:50 PM****Sections Detirment AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

Name	School	Seed Time
1 Jessica Bright	Akron	_____
2 Siobahn Counts	Akron	_____
3 Leeann White	Austin Peay	_____
4 Danja Yates	Austin Peay	_____
5 Madonna Patterson	Cabrini	_____
6 Danielle Malay	California o	_____
7 Megan Wasson	California o	_____
8 Clare Goodwin	Charleston	_____
9 Kirsten Schumy	Charleston	_____
10 Danielle Erwin	Cincinnati	_____
11 Cory Huber	Cincinnati	_____
12 Monica Hundley	Cincinnati	_____
13 Khneisha Pagan	Clafin Univ	_____
14 Ebony Brown	Coastal Caro	_____
15 Felisha Jacobs	Coastal Caro	_____
16 LeAuna Sistrunk	Coastal Caro	_____
17 Alexi Capsouras	Delaware	_____
18 Kristen Micsky	Duquesne	_____
19 Urshila Williams	Eastern Kent	_____
20 Chrystal Dooley	Eastern Mich	_____
21 Shamarie Giscombe	Eastern Mich	_____
22 Andrea Wheeler	Eastern Mich	_____
23 Danielle Grochowalski	Findlay	_____
24 Buky Bamigboye	Georgetown U	_____
25 Sonya Sullivan	Georgetown U	_____
26 Michelle Smith	Hampton Univ	_____
27 Azuree Catledge	howard	_____
28 Lillian Daniels	howard	_____
29 Latavia Lewis	howard	_____
30 Marisa Biggins	James Madiso	_____
31 LaVonne Ellerbe	James Madiso	_____
32 Collene Cumberbatch	Lincoln	_____
33 Donneisha Smith	Lincoln	_____
34 Denise Trentacoste	Mt St Mary's	_____
35 Alicia Davis	NC State	_____
36 Rachel Griffin	Norfolk Stat	_____
37 Ashantia Harris	Norfolk Stat	_____
38 Marnita Patterson	Norfolk Stat	_____
39 Colleen Farley	North Caroli	_____
40 Nyoka Norman	North Caroli	_____
41 Kim Markel	Penn State	_____
42 Amber Strouse	Penn State	_____
43 Katie Willow	Penn State	_____
44 Carolyn Auwaerter	Pennsylvania	_____
45 McCurdy Dana	Pennsylvania	_____
46 Hashemi Pari	Pennsylvania	_____
47 Joelle Ambrose	Pittsburgh	_____
48 Allison Brown	Pittsburgh	_____
49 Martina Hallman	Pittsburgh	_____
50 Julianna Reed	Pittsburgh	_____
51 Selena Sappleton	Pittsburgh	_____
52 Stacy Huss	S. Dakota St	_____
53 Lakisha Cole	Shaw	_____
54 Yashica Short	Shaw	_____

55 Tara Witmer	UNA-U.S. Eli	_____
56 LaTisha Bryant	Vanderbilt	_____
57 Kellianne Kleeman	Vanderbilt	_____
58 Kathryn Giessler	Villanova	_____
59 Yolanda Malcolm	Villanova	_____
60 Monique Morgan	Villanova	_____
61 Jordan Sarruda	Villanova	_____
62 Keshia Ashe	Virginia	_____
63 Jackie Bailey	Virginia	_____
64 Erin Crawford	Virginia	_____
65 Satara Freeman	Youngstown	_____
66 Jen Grayson	Youngstown	_____
67 Yandeh Joh	Youngstown	_____
68 Katy Wells	Youngstown	_____

Event 55 Men 4x1500 Meter Relay**Friday 3/24/2006 - 4:10 PM**

Team	Relay	Seed Time
1 Akron	_____	_____
2 Boston Colle	_____	_____
3 Buffalo	_____	_____
4 Carnegie Mel	_____	_____
5 Duquesne	_____	_____
6 Eastern Kent	_____	_____
7 Elizabethtow	_____	_____
8 James Madiso	_____	_____
9 La Salle Uni	_____	_____
10 Louisville	_____	_____
11 Mt St Mary's	_____	_____
12 New York Uni	_____	_____
13 North Caroli	_____	_____
14 Pennsylvania	_____	_____
15 Southern Con	_____	_____
16 Virginia	_____	_____
17 Youngstown	_____	_____

Event 45 Women 4x1500 Meter Relay**Friday 3/24/2006 - 4:35 PM**

Team	Relay	Seed Time
1 App State	_____	_____
2 Boston Colle	_____	_____
3 Charleston	_____	_____
4 Delaware	_____	_____
5 Eastern Kent	_____	_____
6 Eastern Mich	_____	_____
7 Georgetown U	_____	_____
8 High Point U	_____	_____
9 howard	_____	_____
10 James Madiso	_____	_____
11 La Salle Uni	_____	_____
12 Mt St Mary's	_____	_____
13 NC State	_____	_____
14 North Caroli	_____	_____
15 Penn State	_____	_____
16 Pennsylvania	_____	_____
17 S. Dakota St	_____	_____
18 Syracuse	_____	_____
19 Tennessee	_____	_____

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20 Vanderbilt _____
 21 Virginia _____

Event 56 Men 1600 Sprint Medley**Friday 3/24/2006 - 5:00 PM****Sections Detirمند AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

Team	Relay	Seed Time
1 Albion Colle		_____
2 Boston Colle		_____
3 California o		_____
4 Cincinnati		_____
5 Citadel		_____
6 Claflin Univ		_____
7 Cougars		_____
8 Delaware		_____
9 Duquesne		_____
10 East Tennes		_____
11 Eastern Kent		_____
12 Elizabethtow		_____
13 Findlay		_____
14 Georgetown U		_____
15 Hampton Univ		_____
16 James Madiso		_____
17 La Salle Uni		_____
18 Lincoln		_____
19 Norfolk Stat		_____
20 North Caroli		_____
21 Pennsylvania		_____
22 Shaw		_____
23 UNA-D.C. Cap		_____
24 VCU		_____
25 Virginia		_____
26 WV Wesleyan		_____

Event 46 Women 1600 Sprint Medley**Friday 3/24/2006 - 5:20 PM****Sections Detirمند AFTER Check-in****ALL ATHLETES MUST CHECKIN WITH CLERK 20 MIN PRIOR T****Fastest section will run first**

1 Boston Colle		_____
2 Cabrini		_____
3 California o		_____
4 Cincinnati		_____
5 Claflin Univ		_____
6 Delaware		_____
7 East Tennes		_____
8 Eastern Kent		_____
9 Eastern Mich		_____
10 Findlay		_____
11 Georgetown U		_____
12 Hampton Univ		_____
13 La Salle Uni		_____
14 Lincoln		_____
15 Louisville		_____
16 NC State		_____
17 Norfolk Stat		_____
18 North Caroli		_____
19 Penn State		_____

20 Pennsylvania _____
 21 S. Dakota St _____
 22 Shaw _____
 23 Tennessee _____
 24 UNA-U.S. Eli _____
 25 Vanderbilt _____
 26 Virginia _____

Event 7 Women 5000 Meter Run Seeded PM**Friday 3/24/2006 - 6:05 PM****Seeded Womens 5000m Sections****Section #1 6:05pm, Section #2 6:55pm****Cut off 17:59.00 and Faster******* SECOND SECTION IS FASTEST*****

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 2 Finals

1 Karen Pulliam	William & Ma	_____
2 Bona Jones	Unattached	_____
3 Aleksandra Bykowska	Buffalo	_____
4 Abby Booker	William & Ma	_____
5 Andrea Maas	Ohio	_____
6 Ellen Childress	William & Ma	_____
7 Felicia Guliford	Tennessee	_____
8 Melle Patrick	William & Ma	_____
9 Jennie Funk	Georgetown U	_____
10 Carrie Selmer	Winthrop Uni	_____
11 Abigail Nelkie	NC State	_____
12 Katie Flaute	Tennessee	_____
13 Emily Arena	William & Ma	_____
14 Joanna Genter	Malone Colle	_____
15 Sarah Bowman	Tennessee	_____
16 Anna Parker	William & Ma	_____
17 Julie Taylor	William & Ma	_____
18 Jill Stapleton	Campbell	_____
19 Alicia Valtin	Unattached	_____
20 Leah Soro	Tennessee	_____
21 Amber Hackenberg	Bloomsburg	_____
22 Katie Van Horn	Tennessee	_____
23 Colleen O'Brien	Delaware	_____
24 Katie Tornberg	S. Dakota St	_____
25 Dena Spickard	James Madiso	_____
26 Beth Schwing	Bloomsburg	_____
27 Morgan Stengel	North Caroli	_____
28 Fabiana Perlingeiro	Norfolk Stat	_____
29 Michelle Ziegler	Unattached	_____
30 Denisha Hudson	Norfolk Stat	_____
31 Sonja Hinish	Penn State	_____
32 Julia Somers	Delaware	_____
33 Julie Eckerly	Vanderbilt	_____
34 Tiffany Cross	James Madiso	_____
35 Lauren Paige	Unattached	_____
36 Kate Curran	Penn State	_____
37 Meghan May	North Caroli	_____
38 Emily Gauger	Findlay	_____
39 Kellie McClung	Eastern Kent	_____
40 Maureen Ackerly	UNA-Saints T	_____
41 Karen Berling	Cincinnati	_____
42 Katie Bagley	Malone Colle	_____
43 Shannon Miller	Eastern Kent	_____
44 Amy Iatauro	Malone Colle	_____

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Section 2 of 2 Finals

1	Maureen McCandless	Pittsburgh	_____	25	Mike Dominguez	William & Ma	_____
2	Rachel Papin	La Salle Uni	_____	26	Jason Schoener	William & Ma	_____
3	Molly Landreth	Penn State	_____	27	Brad Orr	Winthrop Uni	_____
4	Ann Wheatley	NC State	_____	28	Adam Van Nortwick	Unattached	_____
5	Ginger Wheeler	NC State	_____	29	John Crain	George Mason	_____
6	Anne Marie Moutsinga	Coastal Caro	_____	30	Brandon Hudgins	Winthrop Uni	_____
7	Kim Stacy	Pennsylvania	_____	31	Harry Miller	William & Ma	_____
8	Michelle Popple	NC State	_____	32	Nick Noe	James Madiso	_____
9	Julia Cathcart	William & Ma	_____	33	Tom Mulhern	La Salle Uni	_____
10	Liberti Jamie	Pennsylvania	_____	34	Matthew Wagoner	UNA-Bryn Maw	_____
11	Erika Schneble	Vanderbilt	_____	35	Caleb Swartz	Belmont	_____
12	Amy Huss	Vanderbilt	_____	36	Scott Richnavsky	Southern Con	_____
13	Julie Nemergut	Edinboro	_____	37	Riley Justin	Unattached	_____
14	Carly Matthews	Tennessee	_____	38	Brian Trembley	Pennsylvania	_____
15	Molly Hammer	Kent State	_____	39	Sam Robinson	Furman Unive	_____
16	Avril Ogrodnick	Georgetown U	_____	40	Reid McEwen	Pennsylvania	_____
17	Erin Henry	Georgetown U	_____	41	Hany abdallah	New York Uni	_____
18	Maggie Infeld	Georgetown U	_____	42	Francis Kirong	Norfolk Stat	_____
19	Melissa Grelli	Georgetown U	_____	43	Karl Lang	William & Ma	_____
20	Elizabeth Maloy	Georgetown U	_____	44	Trey Miller	Unattached	_____
21	Lise Ogrodnick	Georgetown U	_____	45	Will Williams	Virginia	_____
22	Brandi Schoeppner	Akron	_____				
23	Maria Cicero	Boston Colle	_____				
24	Carime Reinhart	Ohio	_____				
25	Kayla Matrunic	Unattached	_____				
26	Petra Staskova	Unattached	_____				
27	Elena Calle	Unattached	_____				
28	Lynn Morelli	William & Ma	_____				

Event 27 Men 5000 Meter Run Seeded PM**Friday 3/24/2006 - 6:30 PM****Seeded Mens 5000m Sections****Section #1 6:30pm, Section #2 (fast) 7:20pm****Cut Off 14:36.00 and Faster******* SECOND SECTION IS FASTEST*******Section II**

1	Wesley Korir	Louisville	_____
2	Ryan Byrne	Louisville	_____
3	Seth Hutchinson	Kent State	_____
4	Ryan Snellen	Unattached	_____
5	Mark Steeds	Georgia Stat	_____
6	Chris Horvat	Duquesne	_____
7	Ofer Barniv	UNA-Run For Y	_____
8	Ofer Barniv	una-run-insi	_____
9	Jamie McCarthy	Coastal Caro	_____
10	Cary Chaffee	VCU	_____
11	Matt Gambale	Virginia	_____
12	Tyloer Johnson	Furman Unive	_____
13	Cory Thorne	Louisville	_____
14	Rob Freeman	Albany	_____
15	Hillary Cheruiyot	Norfolk Stat	_____
16	Colin Magut	Belmont	_____
17	Joel Parker	William & Ma	_____
18	Dan MacKay	William & Ma	_____
19	Matthew Folk	Run-Insight.	_____
20	Kyle Heath	Syracuse	_____
21	Justin Scheid	Georgetown U	_____
22	Andre Laboy	Georgetown U	_____
23	Rob Dennis	William & Ma	_____
24	Brandon Bonsey	Georgetown U	_____

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Section I (fast heat)

1	Jeff Hedley	William & Ma	_____
2	Ian Fitzgerald	Unattached	_____
3	Christo Landry	William & Ma	_____
4	Matt Debole	Georgetown U	_____
5	Fleet Hower	Georgetown U	_____
6	Rod Koborsi	Georgetown U	_____
7	Andrew Bumbalough	Georgetown U	_____
8	Matt Keally	William & Ma	_____
9	David Kemboi	Norfolk Stat	_____
10	John Crews	NC State	_____
11	Chris Kollar	NC State	_____
12	Musa Gwanzura	Unattached	_____
13	Brian Dalpiaz	Georgetown U	_____
14	Fredy Torres	NC State	_____
15	Charlie Millioen	Georgetown U	_____
16	Steve Meinelt	Georgetown U	_____
17	Bryce Ruiz	NC State	_____
18	Dan Nunn	Georgetown U	_____
19	Chris Esselborn	Georgetown U	_____
20	Sean Anastasia-Murphy	William & Ma	_____
21	Colin Leak	William & Ma	_____
22	Dan McKenna	Buffalo	_____
23	Anthony Arena	William & Ma	_____
24	James Machungo	Eastern Kent	_____
25	Brad Yewer	UNA-Newbury	_____
26	james Sjostrom	UNA-Run For Y	_____
27	James Sjostrom	una-run-insi	_____
28	Nelson Oliveira	Coastal Caro	_____
29	Jeff Eggleston	Stade Observ	_____
30	Doug Currie	Coastal Caro	_____
31	Tamas Kovacs	High Point U	_____
32	Soimo Kiplagat	Louisville	_____

Event 8 Women 10000 Meter Run**Friday 3/24/2006 - 7:45 PM****Seeded Womens 10k One Section**

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Julia Cathcart	William & Ma	_____
2	Jennifer Koeppl	Buffalo	_____
3	Laura Hodges	Virginia	_____
4	Ann Wheatley	NC State	_____
5	Nicole Blaesser	Indiana Univ	_____
6	Abigail Nelkie	NC State	_____
7	Julie Nemergut	Edinboro	_____
8	Jennie Funk	Georgetown U	_____
9	Niamh Cunningham	U Conn	_____
10	Christy Dannenberg	William & Ma	_____
11	Elena Helmerick	NC State	_____
12	Leslie Horn	Winthrop Uni	_____
13	Elaine Binkley	Denison	_____
14	Christine Ward	East Tenness	_____
15	Stephanie Hatfield	WV Wesleyan	_____
16	Ashley Ruberg	Louisville	_____
17	Melinda Keese	Otterbein Co	_____
18	Emily Cicero	Youngstown	_____
19	Anita Lawson	East Tenness	_____
20	Jen Oreck	Campbell	_____
21	Katie Bork	Slippery Roc	_____

22	Stephanie Blackstone	Kent State	_____
23	Megan Poppens	S. Dakota St	_____
24	Ashley Arnold	Charleston	_____
25	Kim Najem	Mt St Mary's	_____
26	Kate Szymaszek	Duquesne	_____
27	Brenna Hagerty	WV Wesleyan	_____
28	Jenna Daggett	Duquesne	_____
29	AnnaClaire Raines	Austin Peay	_____
30	Danielle Deines-Raduly	Brevard	_____
31	Christina Ricketts	Findlay	_____

Event 28 Men 10000 Meter Run Seeded PM**Friday 3/24/2006 - 8:30 PM****Seeded Men's 10k One Section****Cut off 30:50.00 and Faster**

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Jynocel Basweti	Raleigh Runn	_____
2	Keith Bechtol	William & Ma	_____
3	Jason Schoener	William & Ma	_____
4	Steve Hoogland	Unattached	_____
5	Chad Newton	Unattached	_____
6	Michael Sawicki	Otterbein Co	_____
7	David Mock	William & Ma	_____
8	Colin Leak	William & Ma	_____
9	Matthew Folk	Run-Insight.	_____
10	Jorge Medina	Indiana Univ	_____
11	Taylor Smith	Virginia	_____
12	Matt Gutridge	Virginia	_____
13	Cornelius Chelule	Eastern Kent	_____
14	Ryan Agnew	Bentley Coll	_____
15	P.J. Meany	Delaware	_____
16	Leo Kornanik	Malone Colle	_____
17	Andy Tomaswick	Pittsburgh	_____
18	Jeff Weiss	Slippery Roc	_____
19	Ryan Bender	Unattached	_____
20	Stuart Moran	Unattached	_____
21	Jay Wyss	VCU	_____
22	Josh Eddy	Duquesne	_____
23	Matt Cornwell	Kent State	_____
24	Jon Harmon	UNC Asheville	_____
25	Root Kirbach	Unattached	_____
26	Dave Vitto	Virginia	_____
27	Kevin Borrelli	Duquesne	_____
28	Andy Allstadt	Albany	_____
29	Lewis Butler	Hillsdale Co	_____
30	Dan Nally	William & Ma	_____
31	Justin Shepherd	Bloomsburg	_____
32	Joel Parker	William & Ma	_____
33	David Hryvniak	William & Ma	_____
34	Brian Goldberg	Pennsylvania	_____
35	Gregg Cantwell	Delaware	_____
36	Steve Waite	William & Ma	_____
37	Scott Bastek	Georgetown U	_____
38	Charles-Michael Berg	Hillsdale Co	_____
39	Tyler Mayforth	Delaware	_____
40	Michael LaQuaglia	Pennsylvania	_____
41	Michael Cassidy	Pennsylvania	_____
42	Matt Bluman	Slippery Roc	_____
43	Nick End	Carnegie Mel	_____

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44	Dave Mealy	Youngstown	_____
45	Jason Headman	Akron	_____
46	Ben Wietmarschen	Kent State	_____
47	David Honig	Unattached	_____
48	Jon Phillips	New York Uni	_____
49	Austin Schiele	Ohio	_____
50	Craig Leon	Unattached	_____